



CIBike's 24th Annual Cool Breeze Century The Proud Tradition Continues on August 18

Twenty-Four Years of Cool Breeze!! Some might find it hard to believe, but this is the 24th year our club has sponsored, in partnership with the Kiwanis, the Cool Breeze. The planning and logistics of this epic event is no small feat but thanks to our dedicated team of planners, thinkers, doers, and volunteers, this event has grown from a 200-rider "fun run" to a thousand-plus cyclists dream. Cool Breeze proceeds are dedicated to our grant programs that award funding to other non-profits that promote safe and fun bicycling. This article, written by the Cool Breeze Director Bart Bleuel and Volunteer Director Diane Stein tells us why we need YOU to become part of the continuing Cool Breeze history. – Editor Margaret

Twenty-Four Years of Making Cyclists Happy

By Bart Bleuel, Event Director

"What a great ride. Thank you." "I ride many centuries and this is the best."

"Love your volunteers." These are just a sampling of the many compliments we get from riders after the Cool Breeze Century. It doesn't seem to make much difference which ride they do (30, 62, 100, 110 or 125); almost all of the riders are well satisfied with the effort we put in. It doesn't hurt that we have gorgeous rest stops at San Antonio School in Ojai, Rincon Beach, Manning Park and Stow Grove.

We offer many variables such as photo boards at rest stops, a one-mile time trial during the ride, after-ride sliders, efficient route marking, acclaimed SAG drivers and great rest stop food and service.

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CIBike is a nonprofit recreational organization that provides enjoyable and recreational bicycle riding and related activities in and around Ventura County.

2018 Club Officers/Volunteers

President.....	Kate Faulkner
Secretary.....	Leslie Ogden
Treasurer	Soheil Roshan-Zamir
Programs	Bob Burrow
Public Relations	Barry Cole
Rides	Sonia Sandomer
Grants	Bill Faulkner
Membership	Daniel Mathews
Government Liaisons	Leslie Ogden, Kate Faulkner
Director at Large and Editor	Margaret Mathews
Webmaster.....	Sean Michnowski
Web Content	Mike Stewart
Website	www.cibike.org

Chain Chatter Newsletter

Our newsletter, Chain Chatter, is distributed quarterly by email to members, unless requested otherwise. It is also posted on www.cibike.org under "members." Your letters, cycling experiences (good and bad), news items, ride ideas, tech info, etc., are welcome! Please email information to: Margaret Mathews, Margaretann2105@aol.com.

Renewal Notices

Please watch for your renewal notice; notices are emailed to members annually. Questions about membership may be directed to Dan Mathews, membership.cibike@gmail.com.

Monthly Meetings

Starting in April, general membership meetings will be held on the second Wednesday of every month (except in August and December) at the Museum of Ventura County, 100 E. Main St., Ventura. The general meeting starts at 7:00.

Cool Breeze Century

Our Cool Breeze Century ride is held the third weekend in August each year; the 2018 event will be on August 18.

CIBike Mission

The Channel Islands Bicycle Club (Cibike) is an inclusive, non-profit organization that promotes bicycling for recreation, health, sport and transportation. Cibike is committed to increasing awareness, skills, and safety for cyclists through worthy programs, grants, and partnering with agencies that share our vision of fun and safe cycling.



President's Message

By Guest Columnist Dan Mathews

It is a pleasure to fill in as guest columnist while President Kate was on vacation. My message is simple – get out and ride with us!

Our Club is all about cycling and this issue of Chain Chatter features some of the best opportunities for you to get out and enjoy some healthy cycling adventures. Our Annual Cool Breeze Century is August 18 and we need your help to make it another success. We are again partnered with the Ventura Kiwanis with proceeds going to our grant programs. Read more about the Cool Breeze and how you can help as a volunteer in this issue. You will also want to read Janeene's article on how she comes up with her Cool Breeze designs.

Another fun event is our July 14 Picnic and Summer Rides – always a popular event with members and friends. This year the picnic will be at the Rincon County Park (Bates Park) and promises to be a day filled with great rides, good friends and delectable eats. Choose from three rides at staggered times starting at 8:30 a.m. A few club members have even said they might drive up to visit and enjoy the BBQ. However you get there, be sure to sign up on the website before July 10. More info is in this newsletter and also on the club website.

Ride Director Sonia has numerous rides on Sunday, Tuesday, Thursday and Saturday. We have three ride start locations in Ventura, Moorpark and Ojai. We also have night rides, AMTRAK excursions and several one-off rides organized as we move into summer. This issue of Chain Chatter highlights some of the exciting rides that members and friends have enjoyed this past year. Members are encouraged to look at the Ride Calendar on the website to select a ride that they would like to try. All details are on the ride calendar. Please call for additional information or introductions to those who will be leading any particular ride. CIBike has something for everyone!

And as always, your suggestions and comments are welcome. This club is for all of us - working together, welcoming new friends, exploring different routes, volunteering to make our communities better and safer. Join our rides, have fun and be safe out there.

Cool Breeze

We wish to thank Ron Parker for his Cool Breeze photo contributions.

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On the committee for CIBike are Linda Bott, Rob Anderson, Foster and Janeene Nagaoka, Bill Faulkner, Barry Cole, and Diane Stein. From Ventura Kiwanis are Bart Bleuel, Patty Schulz, Matt Kohagen, Rick Nyznyk, Ken Trainor, and Fred Ziegler. Each club provides over 100 four-hour slots of volunteers to make this one of the best rides around. Yeah, a lot of moving parts.

Last year we had 1,027 riders (down from the roughly 2,000 a decade ago) served 900 after ride meals, serviced 6 rest stops and registration/after ride meal areas, and processed hundreds of pounds of rest stop food.

This year's ride is on August 18, 2018. We are always in need of volunteers. In the following paragraphs, our Volunteer Director, Diane Stein, has provided the pathway to volunteer registration. Also in this issue of Chain Chatter, be sure to read Janeene's description of how she comes up with her graphic designs.



© Ron Parker Photo

Cool Breeze

Join Us as a Volunteer and Become Part of CIBike History

By Diane Stein

August 18th will be our 24th annual Cool Breeze fund raiser. The Cool Breeze Century Ride is the one and only CIBike fundraiser. Proceeds generated from this event allows our club, through grants and donations, the opportunity to promote safe and fun cycling within our communities.



The first Cool Breeze Century ride was in 1994. It started as a bet between Ed Young (our club founder) and someone from a neighboring Conejo cycling club. The challenge was on for Ed and 24 years later we're still at it. We originally started with about 200 riders. As rider registration grew the club didn't have the volunteers to support the event. So, in 1997 instead of shutting it down, we partnered with the Kiwanis of Ventura. What a successful partnership that turned out to be! The two independent organizations have been sharing the efforts and splitting the proceeds equally for the past 21 years.



With preparation, planning and our dedicated volunteers we have been able to provide an extraordinary riding experience for as many as 1000 to 2000 registered riders each year. We offer a choice of 5 different routes, 5 rest stops (stocked with nutritious snacks and drinks), road and bike path roving SAG, mechanical support at most rest stops, crazy photo service, on the road lunch for century riders, meal at the finish, positive attitudes and encouragement by all volunteers, and a wish for beautiful weather with a cool breeze.

It seems that every year the committee has to overcome some new challenge. This year it is the road and bridge conditions caused by the fire and rain (mud slides). Several of our routes have been modified to deal with road and bridge closures.

We are always looking for new ideas to add to the total riding experience. A couple of years ago we introduced our Cool Breeze selfie backdrops. Riders love them and we get many blasts of social media postings. It's a very busy time for the Cool Breeze committee. We will need to recruit about 200 volunteers.

We hope that you have saved the date and that you will volunteer to help make this year's Cool Breeze another successful and amazing event.

You can volunteer in a number of ways.

1. From the CIBike Cool Breeze Page there is a downloadable volunteer form. Volunteers can download the form and email.
2. From the CIBike there is an online link to CIBC event sign up page. From there volunteers can complete the sign-up process. On-line sign up open on July 1.
3. Volunteers can email their info to: coolbreezevolunteerscibike@gmail.com.

Volunteers are sent an acknowledgment for their sign up. About two weeks prior to the event, volunteers will be notified via email of their assignment and instructions.

We'll see you out on the Cool Breeze route or at one of our famous rest stops!

Short Shifters – Stuff You Want to Know

Our Motto: Keep Crankin’

Spotlight on two big events – details in this newsletter! :

1. CIBike Annual Summer Picnic and Rides - July 14
2. 24th Annual Cool Breeze Century – August 18



Important Dates

BikeVentura News Alerts

- July 4th Community Ride – watch for more info on social media.
- Wednesday Nights at the Ventura Bike HUB - Volunteer Night 3-7pm, help the hub while learning bike mechanics, no experience required.
- First Fridays at the Ventura Bike HUB - Art and Live Music from 6-9pm, free! If you are a visual or musical artist, get in touch with the HUB to show your talents <https://bikeventura.wildapricot.org/event-2855829>



Club Meetings Being Held at Museum of Ventura County

In April, CIBike began holding general meetings at a new venue – the Museum of Ventura County at 100 E. Main St., Ventura. The new venue offers convenient parking and plenty of space for visiting. Doors open at 6:30, presentation at 7:00 p.m. You may park your bike inside the venue.

Plans for Santa Clara River Bike Path

CIBike has an opportunity to participate in a grass-roots organization that is planning and funding a bike path along the Santa Clara river. Interested parties include the Sierra Club, Friends of the Santa Clara River, BikeVentura, and the cities of Oxnard and Ventura. The round table formed in February 2018 under the Watershed Coalition Ventura County, Santa Clara River Committee and is called the Recreation-Education-Outreach (REO) subgroup. This group is seeking CIBike representation. If interested, please contact either our club president or Nina Danza, Sierra Club Ventura chair, sierraclubventura@gmail.com.

BikeVentura wants to Know: Got pickup truck? : A regular volunteer is needed monthly to drive (their own pick up truck) to Santa Barbara to retrieve salvage bikes and deliver to Bike HUB. The bikes are located at South Coast Recycling & Transfer Station, 4430 Calle Real. At least 1 year commitment is requested (12 or more trips). Please contact Nina prettycheapjewelry@gmail.com to get started with the facility staff.

How Not to Get “Doored”

The link to this article was published in the Spring 2018 *Bicyclist* and is provided here with permission from Bicyclist. <https://bicyclist.xyz/regulars/legal-cycling/10-tips-for-cyclists-dont-get-doored/>

Stolen Bike Info Video

One of our members recently had his bike stolen. He provided us with the following link, for your info. <https://m.youtube.com/watch?v=aXu8SBeBKU>

Behind the Scenes of the U.S. Bicycle Route System

Thanks to Terry Spragg for keeping us posted on developing bicycle routes throughout the U.S. He provided this link to an interesting blog about California's U.S. Bicycle Routes. <https://www.adventurecycling.org/resources/blog/behind-the-scenes-the-u-s-bicycle-route-system-in-california/>

Helmet Ratings

Thanks again to Terry Spragg for providing this interesting and useful link on a helmet study and rating conducted by Virginia Tech. **Helmet ratings:** <https://www.beam.vt.edu/helmet/bicycle-helmet-ratings.html>

*Got a short interesting or important tidbit to share?
Send it to the editor for Short Shifters.
Margaretann2105@aol.com*

*Mark Your Calendars for These Fun Events!***CIBike Summer Picnic and Rides**

By Event Director Bob Burrow

Saturday, July 14th, 2018 - Rincon County Park, Carpinteria**Rides - 8:30am, 10:30 - Staggered Start Times, BBQ Lunch - 12:15pm**

Do not miss out on this very fun Channel Islands Bicycle Club activity. Our annual **"Summer Picnic & Rides"** is set for Rincon County Park (also known as Bates Park) in Carpinteria on Saturday, July 14th. Three rides are scheduled – two starting in Rincon/Bates Park, and a later start from the Mission parking lot in Ventura. All rides will have leaders except for a new feature this year – an own-your-own coastal bike path ride for kids and beach cruisers. **Check the club's ride calendar for the latest ride times!** If you don't feel like riding that day, you are welcome to just show up for the delectable lunch at 12:15pm. The picnic area is right above the beach so bring your boogie board! Sign up on our website where there will be up-to-the-minute info; deadline for registration is July 10.

**18th Annual Lure of the Grapes**

By Dan Mathews, Event Director

**Come join us at the 18th Annual Lure of the Grapes on October 19-20-21**

with most activities starting at Flying Flags RV Resort in Buellton. Our main goal is to have fun while biking, dining, wine-tasting and shopping in a social atmosphere. Riders can reserve a cottage, RV site, glamping tent, or a vintage Airstream at Flying Flags or choose from many nearby hotels including a beautiful new Hampton Inn by Hilton in Buellton. Some great rides are planned – on Friday we will have a 50-mile route with remote start that was very popular at the Spring Fling event. That evening we will meet up at Flying Flags and enjoy their delicious BBQ dinner – a great chance to relax with friends and enjoy a really good meal. We are also examining other variations to our rides for Saturday and Sunday but the classic ride to Los Olivos is always a favorite.

Contact me with questions, suggestions, comments! Dan

Channel Islands Bicycle Club Is Offering First Aid training For Active Club Members

By Bill Faulkner, Grants Director



The Channel Islands Bicycle Club is offering club members the opportunity to earn first aid training through the American Heart Association. The course will be held at the Ventura Training Institute in Oxnard on July 5, July 22, July 25 and July 29. This one-day 7-hour class, 9am to 4pm, includes an American Heart Association two-year certification in CPR, AED, and First Aid.

Why is this training important? Can't I just call 911? Will I be liable, if I do something wrong? This is a common question.

The training is important because: it will take the ambulance 10 to 20 minutes to arrive and much longer if you are riding outside of cell phone coverage. If someone goes down, you are the first responder and the care you provide can make a difference.

Regarding liability: you are protected by the California Good Samaritan law. This law states that unless you are grossly negligent in your first aid care you are not liable, even if you make mistakes in that care.

Who is eligible to sign up for the training? The training is open to all club members who have also provided a significant service to the club as a volunteer in the past year. If you have volunteered or will be volunteering (at least half day) for the 2018 Cool Breeze Century, served on a club board or committee or regularly lead club rides, you are eligible for First Aid/CPR training. Members may sign up on the club website before July 4.

CIBike Celebrates Public Works Week

By Bob Burrow, Programs Director



Not only was May National Bike Month, Public Works Week was also celebrated in a big way. The County of Ventura Public Works Agency put on a large display with 26 pieces of equipment, 29 stations and everything public works. The event was held on May 22nd and received wide publicity with a great article in the VCSTAR newspaper. The event has been conducted every year since 2012 and this year drew nearly 700 attendees which included mostly students visiting the event on a field trip.

This year, CIBIKE was invited to attend to talk about bike safety and cycling as a part of the transportation

system in the County. Matthew Maechler from the County Public Works Agency pitched the idea to promote cycling and CIBIKE gladly accepted the opportunity to talk about cycling as a means of transportation and recreation. Jim White and Bob Burrow represented the club and spoke to numerous students ranging from preschoolers to high school seniors. Matthew is a great advocate for cycling at the County and Jim was happy to show off his bike and bike route maps from VCTC. Bob spoke about the recent Tour of California and all answered numerous questions from the students and visitors. CIBIKE looks forward to returning to the 2019 event and invites everyone to mark calendars and join the fun.

CIBike Members Support Local Communities

Editor's Note: These are only a few of the many events supported directly and indirectly by CIBike members. There's always opportunities for everyone to join in and work for a cause – or just for fun

Ventura Cycles Community Ride

CIBike sponsored another fun riding event – this time it was the May 29 Ventura Cycles Ride to help celebrate Earth Day and Ventura's Ecofest, and to encourage families to get out and ride their bikes. The ride started at the Channel Islands National Park headquarters in Ventura Harbor and ended at the Ecofest in Ventura. Club President, Kate Faulkner, was an event organizer and encouraged club members to join the fun by helping with the info booth, directing parking traffic and riding along the route as safety monitors. Kate said: "I would not have the confidence to move forward on an event like this without knowing there is a solid group of volunteers who can be counted on to step forward and take care of business. You always come through!"



Ride of Silence, May 16 in Oxnard

Nearly 200 cyclists – neighbors, citizens, club members, police, kids, parents – participated in the Oxnard Ride of Silence. This nation-wide event commemorates cyclists killed or injured while riding bikes on roadways, raises awareness of bicycling safety and the need to share the road. Oxnard Council member Carmen Ramirez was present to support the event along with Dan, Joey, Toby and crew. Club members who have died by vehicle collisions are Matt O'Neill, John Dillingham and Walt Hayes.



Bicycle Ambassadors Dan, Joey, Toby



Council Member Carmen Ramirez and Margaret



Oxnard PD Officer Brown conducts safety briefing for the CIBike and BikeVentura ride monitors.



CIBike Volunteers at Second Stage of Amgen Tour



Photos: Amgen Start at Ventura Pier; Dan and Margaret at the CIBike booth; Bill Faulkner, Bike Valet Service

The world-famous Amgen Tour of California came to Ventura on May 14 and CIBike was ready. Volunteers answered the call to support the city of Ventura which hosted the second stage of the Tour de France-style cycling road race. Club members set up and hosted the CIBike info booth and also offered a bike valet next to the Ventura pier at the race start. Following the roll out, club members and friends rode to BikeVentura to watch the end of the race on a big screen.

Kate Faulkner and Leslie Ogden were instrumental in helping the city plan for the event – an enormous logistical challenge that presented opportunities to support the event, make new alliances, and also to bring awareness to CIBike's presence in the biking community.

Operation: Ride for the Red

CIBike members including several who are military Veterans cycled in the Ride for the Red on May 19. Proceeds benefited the local Red Cross Service to the Armed Forces, including emergency communications, deployment services, and veterans' programs. It's always good to know our members care enough to support many of the local charitable rides.



Barry, Steve, Diane and Ron rode the metric for the Red.



Janette and Dan rode the Century for the Red.

Cool Breeze Art and Ideas – inside the brain of a graphic designer

By Janeene Nagaoka

About 20 years ago I had the fortune to combine my profession of graphic design with my love of cycling. I started creating art for the Cool Breeze Century, and then a few years into it, I designed our first Cool Breeze jersey – a rolling billboard – how fun for me!

Since my first Cool Breeze jersey design, I've created probably 60 or 70 jerseys.

I've done all of the Cool Breeze jerseys, a few for bike shops and bike events, several for the Texas MS-150 ride (multiple sclerosis fund raiser) and I also snagged a side gig for a jersey manufacturer after submitting Cool Breeze art one year. They said "hey, if you're interested, we could use another artist to design for us and we love all of your stuff." One of my favorite designs I did for them was for an international mountain bike competition. They let me run wild with that design and they sold 350 jerseys in the first hour at the competition.



I'm always asked where I get my ideas. It isn't always easy!

I keep a file of art samples and designs that I like, I have several sketchbooks that I doodle in regularly, and I do lots of brainstorming and "mind mapping." My final design is usually not the original idea that I started with – I sometimes have 20 or 30 revisions before I turn it into my final design. I try to come up with a theme or a tag line that helps direct my creativity. For example, the MS-150 rides always have a motto, like the 2016 "FUELING IMPACT." For that year's jersey, I came up with the tag line, "Let's Start a Chain Reaction" and I added a "fuel pocket" graphic on the back pocket. The snacks in the pocket were actually printed right on the jersey. The image shows a little bit of my process for that jersey. I gather designs and patterns for inspiration, then once I have a firm idea of the design, I do a few variations. This jersey was created for a team of 150 riders. One year I designed 7 jerseys for the 2014 Texas BP-MS 150 ride. It was pretty exciting to be out riding on the course and see hundreds of people, rolling by, wearing my jersey designs.

The Cool Breeze can be difficult when it comes to ideas.

How many years can you actually design a cloud blowing a cool breeze with riders happily pedaling down the coast? The 2018 jersey is a retro design. I can't quite remember how I came up with the idea, but I'm sure it was probably late at night when I do my most creative work (my rational brain shuts down, and creative brain comes to life!) I wanted to include some hand drawn lettering, which I really love to do, so I drew the text, scanned it and recreated a digital version. I combined the type with a classic 10-speed bike, added a few other details and then did about 5 color variations. Black and tan was the winning color combo. *(Continued on next page)*

Cool Breeze art and Design – Continued from previous page

One of the most popular designs I did for the Cool Breeze was a black and red dragon jersey.

That has nothing to do with a cool breeze, but people loved it. We sold over 400 jerseys and have had many people ask when we're going to bring back the dragon jersey. Hummm... I guess I'll keep that one for when I actually DO run out of ideas.



**See you at the
Cool Breeze Century
on Saturday, August 18!**

Expect to See More of This

By Derek Towers, Bicycle Coordinator, City of Ventura

Great things are happening here in the City of Ventura. Thanks to the passage of local Measure O sales tax and Senate Bill 1 Transportation tax, we have lots of improvements happening in our streets. Projects likely to begin or be completed in 2018 are the Five Points Intersection Bicycle and Pedestrian Improvements. Then Telegraph from Five Points to Mills will get repaved, including improved striping. To complete this segment, Telegraph from Mills to Ashwood will be widened to add bike lanes.

Other paving projects, with striping improvements, include Portola from Telephone to Ralston, Johnson from Bristol to the 101 interchange, Telephone from Main to Transport, North Bank from Montgomery to Petit. Bike paths are also getting repaved. This year we repaved Todd Ranch bike path and the Kennebec Linear Park Bike Path. The State Parks just finished repaving the Pacific Coast Bike Path from the Ventura Pier to the State Park. Hope you enjoy these smother and safer streets.

Make sure your bike is in good working order, your handling skills are regularly practiced, and you're knowledgeable about traffic laws and smart practices.



If you have questions about all things bike related,
please contact me by phone or email at 805.654.7849
or dtowers@cityofventura.ca.gov

BikeVentura + CIBike = Good Stuff Happening

By Joey Juhasz-Lukomski, Executive Director BikeVentura

I still like to joke that I taught Kate, Bill, and Leslie how to ride a bike. In 2015, the three of them attended a Traffic Skills 101 class that I taught in Santa Barbara, a prerequisite class for LCI certification. Of course, they all knew how to ride a bike, and safely at that, but I didn't realize at the time that this would be an important and lasting connection toward making Ventura a great place to ride.

Since starting as executive director of BikeVentura in December, the support and enthusiasm of CIBike has made my transition from SBBIKE to BikeVentura very exciting. In January, CIBIKE issued a \$7,500 grant to BikeVentura to pay the rent at the new Ventura Bike HUB on the Avenue. Relieving that cost has allowed Toby and HUB staff to focus on not just making the HUB solvent, but also a community center. Today, the HUB has seen tremendous growth in income, while also hosting First Friday music and arts shows, a mechanics class, and a viewing party for Stage 2 of this year's Amgen Tour of California.

It seems like wherever I go, CIBike is putting in loads of effort and people power to make sure people see cycling in a positive light. I've seen CIBike members building bikes for Thomas Fire victims and distributing lights and helmets to them that the club bought. I've seen members host huge community bike rides. I've seen members managing hundreds of volunteers for the Amgen stage start in Ventura. I've seen members helping to organize the Ride of Silence in Oxnard, fitting helmets for youth in Fillmore, and donating bikes to the HUB. All of this is so encouraging to me and BikeVentura, and I feel very lucky that we have such an active organization to partner with, and have fun too.

As we work together to shift attitudes about cycling in Ventura County, I want to remind CIBike that this partnership is a two-way cycletrack - BikeVentura and the HUB are resources for you too. All CIBike members enjoy free BikeVentura membership, and that means your stand time at the HUB is free. Not only that, our space is open to anyone at CIBike that wants to put on an event or host a class. If you'd like to get the word out about something to a wider audience, let me know and we can include your bike happenings in our newsletter and social media.

And finally, we are a partner in advocacy. You ride these streets – your input matters greatly to us at BikeVentura as we develop our strategy. Like riders in a paceline, no one has to be out front all the time pushing against the headwinds of politics and public opinion. We're here to take on our share of the work, and you can contact me anytime to talk about what you think would make Ventura County an even better place to ride. Email joey@bikeventura.org



If You Like Trains, and You Like Bikes Then You Will Love the CIBike Union Station-Metrolink Adventure

This club ride is getting to be one of the most popular riding expeditions for club members. Starting at the Moorpark Train Station, the approx. 60-mile ride is fairly fast-paced and passes several Los Angeles landmarks including Griffith Park, movie studios, and Gene Autry Museum. This group made the trip on March 9. After lunch at the station, riders hauled their bikes onto the Metrolink and enjoyed a nice relaxing return trip to Moorpark. Everyone agreed that Mike Stewart did a great job organizing this ride. Sound like fun? Keep watching the ride calendar for the next Union Station ride. AAALLLL ABOARD!



CIBike does fun rides! We have regularly scheduled rides throughout the week starting at different locations, and special rides such as the Union Station Adventure. Join Us! Check the club rides calendar on our website www.cibike.org.

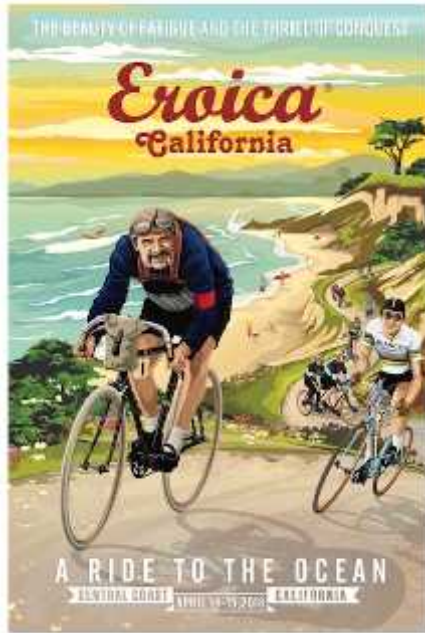
Does everybody know what “portaging” is? You would know if you were on this ride!

This is true-life tale was told by Barry Cole the day after his exciting expedition with his fellow CIBikers in early April. Barry said: “We were riding to Santa Barbara on Mountain Rd. This is where the Montecito mudslides wiped out the road. We formed a chain from one side of the creek to the other and passed the bikes across. It was a great team effort. The road just prior the ravine was in very bad shape but once we portaged the ravine the road improved. Other Club riders were Terry Dawson, Lee Bowman and Bart Elliot, Sonia, Kate and Bill. Sonia documented the *portaging* with these photos.” Now you know.



LOOKING BACK IN TIME: VINTAGE BIKE ADVENTURE

By Steve Light



Some poster background: Eroica Ride to the Ocean is an annual Concours d'Elegance for vintage bikes showcasing cycling attire and gear from every area and followed by a festival in Paso Robles. Participants are required to ride historical bikes preferably built in 1987 or earlier but to take the theme further, many riders choose to wear authentic vintage garb including wool jerseys, retro cycling goggles and lace-up shoes.

The poster features a tribute to Luciano Berruti, – well into his 70's - who was a permanent fixture on the Eroica. He has a bike museum in Italy. Sadly, he passed away last year on a ride in Tuscany. Besides the poster, we all got a bottle of olive oil as a souvenir with the same picture on it. In case you are interested, here's some pictures that I took. Saturday was a big bike show, and Swap Meet, and the ride was on Sunday. The Nova ride is part of the same event, but is a separate timed ride for modern bikes, on a different part of the course than I rode. They are trying to attract more riders who may not have or want to ride vintage bikes.

2018 Eroica California Vintage Ride

This past April 15th I was able to return to the beautiful hills of Paso Robles to ride the Eroica California, part of an international series of rides for vintage bicycles produced prior to 1987. Vintage equipment is required, steel frames, old school pedals and toe clips, non-indexed friction shifters. Period clothing is also encouraged, from vintage wool cycling jerseys, sweaters and tweeds to leather shoes. This ride was special as it was a tribute to long time Eroica participant Luciano Berruti who was the face of Eroica since its start in Italy. There are now 9 events around the world, from Italy, to the UK, California, Japan, South America and South Africa. Luciano passed away on a ride in Italy at the age of 73, in August of 2017. His image was used for the event poster and the label from the souvenir olive oil bottle riders receive. Riders were all given stickers with "In Memory of Luciano #1" to affix to their bikes. One was always his ride number since the first Eroica event in 1997.

The ride was on Sunday, but Saturday offered a fun Concours d' elegance vintage bike show and a swap meet. I last rode the Eroica back in 2016, but my original 1964 Legnano wasn't geared for the hills of Paso Robles. I fell twice, injuring my knee, but I finished with a desire to return. I missed last year's event, due to unforeseen health issues, but took the time to build another old bike, more appropriately suited to Eroica. I restored a 1973 Raleigh road bike from a frame my brother-in-law found in a scrap pile. I added mountain bike gearing, wider tires, got it painted and assembled, ready to go. I tested it on a Sulphur Mountain ride, which closely resembles the hilly Eroica route. The old Raleigh and I did well, we were ready for Eroica.



Continued on next page



Beginning this year, the Nova Eroica was added to appeal to riders of modern bikes who want to experience the feel and camaraderie of riding the dirt and gravel hills, and is run as a separate 89 mile coastal route. The route I rode was 44 miles, with 12 miles of gravel, mostly traffic free winery access roads. The other rides are 71, 89 and 130 miles in length, with corresponding dirt sections on each. I was able to hook up with several members of my Pasadena vintage ride group. Our group founder, Chuck Schmidt, arrived on a 1953 Bianchi, with a Cambio Corsa shifter, where you have to reach back to the real wheel to levers that move the chain among 4 gears.

Chuck's freewheel broke, and he had to catch the SAG wagon in. We had a great ride, with a rest stop at Cass Winery, where they were pouring red wine at 8:30 in the morning. Our afternoon stop was at Olea Olive Oil Farm, where fresh made french fries, homemade catsup, and french bread with balsamic and olive dipping oil!

I had to walk several of the worst hills, even after having lost 40 lbs., and, with my new mountain bike gearing. I wasn't alone. There were more walkers than riders on the steep hills, but almost everybody was smiling. Walking the hills would have been depressing, if I wasn't having so much fun! I hope to be back next year, with a bike to show, as well as one to attack those dirt hills! Photo link to the Concours and Swap Meet:

https://photos.google.com/share/AF1QipNuRTkrrqivJErNMclpFKBQUyR4VSDB1xziTltz_4ZP3IDgj9m8QYLE7U2v7vW_zA?key=a3AyS3U5SUhiNnVpN1owYWQxWDhwOGIVNGkzWHJR

Ride Photos:

https://photos.google.com/share/AF1QipO9x6PcHmilo3f8XODSeCQSAf77INNXzZ4f9RP1qsfg7oaDOYCCs7pzwey7MI_yYKw?key=eDatckxqUzh2eElhYV9wQU1Jb3ViWjhLSGFzTHF3

Le Tour De Tent

In early May – during National Bicycle Month - 40 Santa Barbara cyclists completed a 60-mile round trip to Foster Park to camp-out at the “Tour de Tent.” This ride was part of an effort of the Santa Barbara Bicycle Coalition (SBBike) and Cycle Cal Coast to connect Santa Barbara and Ventura riders. Here are some of them making their way back up the coast and stopping at bike friendly businesses along the route.



8th Annual Solvang Spring Fling

By Mike Stewart, Event Director



Our 8th Annual Solvang Spring Fling biking weekend was one of our best yet. Other than some light rain on Saturday morning we had great weather. Over eighteen club members decided to register for this free fun biking weekend in the Santa Ynez Valley.

A few riders like to arrive early for their magical weekend. Those that do, decide to ride in our additional ride on Friday morning. This year to add some variety our starting location was moved from Flying Flags RV Resort in Buellton to the quaint coastal town of Los Alamos, just twenty minutes north on Highway 101. Nine riders began our 50-mile loop from Los Alamos Community Park (at the bottom of Drum Canyon) and heading to Aliso Canyon towards the two windmills on Foxen Canyon Road. From there we heading downhill for the longest time into the farming community of Sismoic. Then we began our final difficult climb to Clark Avenue into Orcutt. We stopped at Jacks Deli in Old Town Orcutt for a wonderful brunch outside. The service was wonderful and the food was even better. From there we ventured onto Highway 1 and 135 back into Los Alamos with a ten mile tailwind! We all had so much fun on the day of “Irish Green” hills with good friends.

Friday night our participants ate dinner at Flying Flags RV Resort where the campground serves up the best BBQ meal ever. Choices of tri-tip, or chicken, or fish, or ribs with all the fixings. Oh yes, a few bottles of wine were opened in the process.

Saturday brought unwanted rain, so the ride was unfortunately cancelled. A few did bike in the afternoon after the rain passed and the roads dried up. Those that did not bike headed to the Industrial Eats for lunch and wine tasting in the area. In the evening we all gathered again at the campground for a CIBike sponsored “Taco Night.” Taco choices of beef, chicken and potato along with chips and salsa were welcomed by all.

And yes, wine again appeared on the tables.

Sunday brought clear blue and dry skies as we headed north on our traditional ride to the Neverland Ranch north of Los Olivos. Here we all enjoyed the green hills and wonderful smells of springtime. And yes we did see our buffalo on famous Ballard Canyon Road. A few members stayed an extra day while most packed up and headed home.

Special Message from Mike:

After eight years of coordinating this fun springtime event, I have decided to pass the torch to anyone interested in continuing with this fun club activity. Contact Kate Faulkner if interested. Hope to see you in October for our fun “Lure of the Grapes.” Mike Stewart



Events

- July 11** General meeting at the Museum of Ventura County, 100 E. Main ST, Ventura
Enjoy a pre-meeting no-host dinner at Capriccio's, club members get 20% discount,
Arrive at the Museum at 6:30 to enjoy a no-host beer and wine social.
Presentation starts at 7:00.
- July 14 - Annual Club Picnic and Rides (and Beach Party!!).** This year the picnic will be at Rincon Park (also known as Bates Park). There will be three rides, a kids ride at the park, a delicious BBQ lunch, a free drawing, and the opportunity to bring a lawn chair and go hang out on the beach located right below the picnic area. Sign up by July 10 on the website. See article in this issue and page for more info,
- August 18 - Cool Breeze Century.** See article in this issue including info on how to volunteer.
- October 19-21** Annual Club Weekender: Lure of the Grapes, make reservations now, more info on webpage
- November** - Annual Club officer elections
- December 9** - Club Holiday party – good eats, fine wine, dancing, fun!

Important News Alert for CIBike Members! High authorities have designated every first Saturday as Yellow Jersey Day!

Wear your club jersey on the first Saturday of every month to exert your yellow pedal power! Don't have a jersey? No worries! Stylish CIBike jerseys, sharp vests, tasteful matching socks, and a few extreme club jackets are available for purchase. We even have CIBike water bottles!

Contact Dan Mathews to buy your Yellow Pedal Power.



Two swashbucklers wearing snappy club jerseys.



This month the illustrious Editor's Choice Award

goes to not one but all of the many authors who took time off from pedaling their bikes to write articles for the Chain Chatter. Awardees include those who spent hours feverishly pouring over the transcripts for typos, additions, alterations, fabrications and the most egregious blunder of all - fake news. Without the participation of our authors, photographers, influencers and bloggers, we would not have this fine and fascinating gazette.

Here comes the pitch:

The next Chain Chatter will feature a brief history of our club starting with the Oxnard and Ventura Bike Club to the present CIBike. Please share any historical info, milestones, achievements, old photos, and/or any interesting material that would be germane to the story. Please Email me at Margaretann2105@aol.com.

Thank you, Margaret Mathews, Editor