



## Cool Stories about Cool Breeze, CIBike News and Events



Read about CIBike's many fun events and upcoming adventures. Here we celebrate the Cool Breeze, annual picnic, Spring Fling. Join us – it's fun and healthy. Continue reading about more good club stuff. *Photo credits: Ron Parker, Dina Pielat, Leslie, Margaret, Diane, Cool Breeze and CIBike Facebook.*



*CIBike is a nonprofit recreational organization that provides enjoyable and recreational bicycle riding and related activities in and around Ventura County.*

## 2019 Club Officers/Volunteers

President.....	Kate Faulkner
Secretary.....	Therese Satterfield
Treasurer .....	Patrick McDonald
Programs .....	Dan Mathews
Public Relations .....	Margaret Mathews
Rides .....	Sonia Sandomer
Grants .....	Bill Faulkner
Membership .....	Soheil Roshan-Zamir
Government Liaisons .....	Leslie Ogden, Kate Faulkner
Director at Large.....	Burt Elliot
Web Content .....	Soheil Roshan-Zamir
Web Content .....	Sean Michnowski, Mike Stewart
Website .....	www.cibike.org

## Chain Chatter Newsletter

Our newsletter, Chain Chatter, is distributed by email to members, unless requested otherwise. It is also posted on cibike.org under "members." Your letters, stories of cycling experiences (good and bad), news items, ride ideas, tech info, etc., are welcome! Please email information to: Margaret Mathews, Editor, at [Margaretann2105@aol.com](mailto:Margaretann2105@aol.com).

## Renewal Notices

Please watch for your renewal notice; notices are emailed to members annually. Questions about membership may be directed to Soheil Roshan-Zamir.

## Monthly Meetings

General meetings are held on the second Wednesday of each month (except August and December), at the Museum of Ventura County, 100 E. Main St, Ventura. The general meeting starts at 7:00.

## Cool Breeze Century

Our Cool Breeze Century ride is held the third weekend in August each year; the 2020 event will be on August 15.

### **CIBike Mission**

*The Channel Islands Bicycle Club (CIBike) is an inclusive, non-profit organization that promotes bicycling for recreation, health, sport and transportation. CIBike is committed to increasing awareness, skills, and safety for cyclists through worthy programs, grants, and partnering with agencies that share our vision of fun and safe cycling.*



## President's Message

By Kate Faulkner,  
2018-2019 President

***We are building a  
"Bicycle Community"***

I hope you have had an adventure-filled and healthy summer. I definitely enjoyed CIBike's special summer events, rides, and the Cool Breeze. Read several interesting recaps of the Cool Breeze in this issue.

Recently I heard an ad on the radio that got me thinking about "real" - as in "real" versus "virtual". The ad was from a company called Peloton. They sell "virtual community and virtual fun" for cyclists. How do they do this? Peloton produces proprietary bike equipment for in-home use along with a monthly subscription to on-line spin classes (this is the "community" part of the operation).

This article is not an advertisement for Peloton. I can't think of anything more uninteresting than spinning in my bedroom as I stare at a computer screen. Also, there are likely many people who would benefit from this type of workout (although the on-line feedback showed more than a few bored Peloton customers).

For myself, I prefer real community, real connections, real friends, and really making a difference. Earlier today I enjoyed a wonderful Saturday CIBike ride. We headed up the coast, rolling along between the ocean and the hills. The group chatted and laughed as the miles flew by. A wonderful morning for both my mental and physical well-being.

The Cool Breeze was a terrific reminder of the benefits of cycling outdoors and with other people. The hundreds of riders who I interacted with that day were having a great time and it was so much more than just exercise. The cyclists were happy to be outdoors, to enjoy beautiful and ever-changing scenery, to chat with old and new friends, to be joined with hundreds of other people who also love to ride their bikes.

It was real!

*Continued on page 5*



## Cool Club stuff coming up and everyone is invited!

### *Interested in serving on the 2019 CIBike Board? Throw your hat in the ring by November 6*

**The 2020 Board of Directors (BOD) elections will take place at the November 13 club meeting. If you would like to be part of the 2020 leadership team, we invite you to throw your hat in the ring NOW!**

In an all-club email to members, President Kate wrote:  
“Serving on the club Board is very rewarding and will let you help shape the direction of this club. All positions are open. Please contact President Kate by Nov. 6 if you are interested.  
[presidentcibike@gmail.com](mailto:presidentcibike@gmail.com) .

The election will take place at the November 13 club meeting; members must be present to vote. This is your club – help shape the 2020 path by voting and even running for a Board position.

For info on the Board of Directors duties, please go to the CIBike website.

<https://cibike.wildapricot.org/resources/bylaws/CIBC%20By-Laws%20adopted%202017.PDF>



**Also available next year is the opportunity to be the newsletter editor!  
It's fun! You can exercise your creative juices!  
Be the first one to get all of the news scoops! Contact the editor.**

### *Monthly Club Meetings – are free, informative and fun evenings out.*

Starting in 2020, the club will switch it up from monthly meetings to only six meetings, those being in the spring and fall. Fewer meetings will result in cost savings and opportunities to provide more great presentations. The meetings are held at the Museum of Ventura County, 100 Main St., Ventura. Doors open at 6:30 with a half-hour social and the opportunity to visit with Club officers and members before the 7:00 election and presentation. Everyone is invited – friends, community members, other bike clubs.

October 9 – The Randonneuring – an international organization of long-distance riders and we have our own group! Learn about this fascinating group of riders and their many adventures.

October 18-23 - Lure of the Grapes – new venue in Sacramento – see page 19

November 13 - Annual club elections will take place during the November meeting. The club needs you! Consider running for the 2020 Board of Directors; see info on this page.

December 8 - In lieu of the monthly meeting, the club is hosting the annual Holiday Festivity at the Saticoy Country Club. End your cycling year with a flourish at the annual holiday party. There's good food, funny jokes, wild repartee, line dancing, photos, memories, plans.

***More important dates and events listed in the calendar at the end of this issue.  
Also check the rides calendar on the website.***

## Spring Fling 2019 – new venue – new routes – new experiences – same good time

A small but intrepid group of club members enjoyed the annual Spring Fling this year held in Paso Robles. The May 24-27 event was held in conjunction with the famous Great Western Bicycle Rally. Members took advantage of many new routes through the scenic rolling hills with horse farms, vineyards, and oak tree forests. One particular adventure was the ride along Route 46 from Paso to Cambria. Cyclists were rewarded for their slightly wet and chilly ride with a warm and cozy lunch in Cambria. Later at the fairgrounds, the group gathered for meals and fun times.

Everyone seemed to agree that a return to Paso Robles for next year's Spring Fling might be a grand idea! Stay tuned!



Photos by Margaret



Simon's kids had a blast!



Lunch rest stop in vineyard country.



Dan with the coveted prize.



## 25th Annual Cool Breeze Century August 17, 2019

There's not enough space in this newsletter to capture all of the stories, the successes, the work, the smiles and sweat of the volunteers, our repeat and out-of-town riders. Here are a few of those stories. Many thanks to Ron Parker and Dina Pielaet for sharing their extraordinary photos, and to Diane Stein for writing the five rest stop articles by squeezing them in between grandchild-sitting.



Volunteers extraordinaire Linda, Arli, Diane. Who knew volunteering could be so much fun?

Thanks to Ron and Dina for taking photo, as well as most of the other photos shown in the Cool Breeze articles.

Read Diane's fun and very informative articles on the Rest Stops of the Cool Breeze Century starting on page 7.

### President's Message – *Continued from page 2*

Most of us come to CIBike because we like to cycle with others. It starts out pretty simple; we show up at the ride start. We get to know other cyclists. We learn from and are motivated by each other. Over time we learn that CIBike offers so much more than just the opportunity to ride with others. We also have the informative monthly meetings at the Museum of Ventura County. We have special trips and weekend outings. CIBike connects members with bike advocacy projects; from bike instructions for middle schoolers to bike path clean-ups to active transportation planning.

All of you should have received the most recent "American Bicyclist" by the League of American Bicyclists (another benefit of membership in CIBike). They have an article (p. 24) about the need for bike clubs to evolve to offer activities and purposes beyond just riding our bikes. The League encourages bike clubs to become more involved with bike safety education, partnerships, planning, and civic involvement; to reimagine "how their purpose extends beyond just rides." CIBike is already doing this and we have seen encouraging results. However, we have so much more to do. We aren't yet involved in every community where our members live; each of which needs expanded opportunities for safe and accessible road biking.

This is our challenge. Reach out. Join. Be real. Connect. Have purpose. Have fun.

I look forward to seeing you on the road (and other bike-supporting activities),

Kate Faulkner

## The Cool Breeze Really Was Cool

By Bart Bleuel, Cool Breeze Director

**Cool Breeze 2019 was indeed perfectly cool.** 70 degrees and under with a brisk ocean breeze. It was of course cool for all the other usual reasons, but if the riders came to get out of the valley heat, they had to be pleased. The weather played an important part in the condition of the riders as they returned.

In a hotter year we see the red faces, sweaty bodies and drooping shoulders. Not so in 2019.



**Statistically, we had 877 registered riders** (718 pre-registered, 160 on site). 53 riders did not show, so we had 824 on the course. That puts us over 150 fewer riders than last year. We are hearing that rides all over the state are suffering. So, what should we do? Guess if we knew we would have done it.

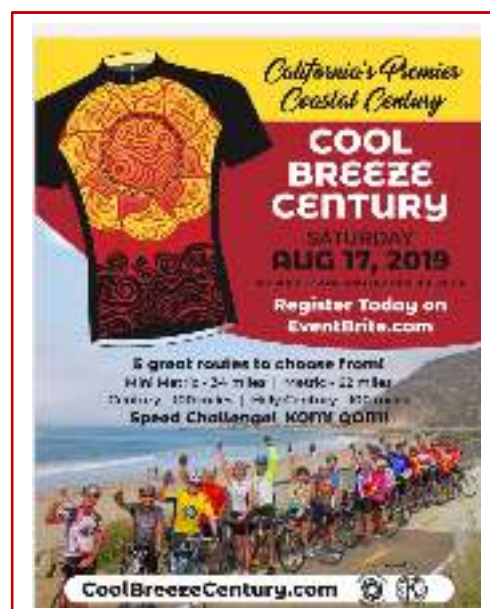
**We were fortunate enough to have an abundance of volunteers** required to make this a quality ride, and it is to them the credit absolutely has to be given. Riders frequently comment on how well they are received at each juncture from registration through the rest stops and at the after-ride meal. They also appreciate the organization, from on-line presence, to registration, to route marking, to SAG, to after-ride, etc. I would need several more pages to name all of the volunteer leaders – but WE know who you are! We could not have been as successful without your dedication and hard work.

Janeen's artistic efforts for the shirts and jerseys were well received. This is our 24<sup>th</sup> year and she has somehow been able to create unique and desirable designs for every single one of them. What a trouper!!!!

***So, thank you all. This ain't the best ride in California for nothin'.***



Janeene's designs were seen everywhere including on this father and his 16-year-old son who just finished their first century ride, and all of the PR materials. (shown on right).



*The Volunteer and Rest Stop Articles Written  
by Roving Reporter Diane Stein:*  
**Cool Breeze Rest Stop Coordinators and Their Myriad Duties  
and Rest Stop San Antonio School**



Rest Stop Coordinators for the Cool Breeze  
Linda Bott, Arli Escobar (in training) and Diane Stein

***We are the Rest Stop Coordinators for the Cool Breeze and these are our duties:***

It is our job to staff, organize, and support the four Rest Stops and one Water Station. Rest Stops provide riders with a safe place to rest, to refuel, drink fluids, use bathrooms, obtain mechanical assistance, receive encouragement and when necessary secure first aid or perhaps a SAG lift. To operate these rest stops we recruit and schedule over 50 volunteers, 5 mechanics, and 35 Boy Scouts. Each rest stop is assigned a captain. Captains are accountable for their rest stop and work endlessly to ensure that the day runs smoothly.

Captains are also responsible for picking up supplies Friday night. Some rest stops will have additional supplies delivered Saturday morning. Prior to a Rest Stop opening, bike racks need to be built, filtered water stations need to be set up, tables need to be organized and food needs to be prepared. Once the day is over everything has to be torn down. Any leftover food and supplies need to be inventoried. All this has to be completed before the arrival of the Boy Scout cleanup crew.

***Needless to say, it is a very long day for many of our volunteers.***

**Rest stop San Antonio School –  
Captain Sonia Sandomer**

Opens at 7:00am and closes at 10:30am  
They are the first rest stop for the Metric Century and Double Metric Century routes in Ojai.  
This crew arrives at 6:30am to set up and prepare for riders. Rest Stop Volunteers pictured on the right: Patrick McDonald, Jan McDonald, Tom Stark, John Mirk, Randy Nelson, John Fung, Bill McTomney, Sonia Sandomer (captain). Missing from the photo is Toni Solano.



Shown on the left is Trevor Dunn, our San Antonio mechanic. Mechanics provided bike repairs, tire pumps and much needed expertise and always-appreciated encouragement.





## Rest Stop Rincon Beach (Bates)

Co-Captains Norma Saleido, Janette Ramsey, Alan and Deb Sharon, Bob Burrow

Rincon Beach Park (Bates) – Opens at 7:00am and closes at 4:00pm. This scenic rest stop is probably our busiest as it is the only stop that sees riders from all 5 routes. It is the turn around and only rest stop for the Mini Metric. It is the first and fifth stop for the Century & Hilly Century, the second and sixth stop for the Double Metric Century, and the last stop for the Metric Century. With coastal views and a Cool Breeze this stop is widely known for their ice-cold popsicles. Staff has an early morning start at 6am and the afternoon shift finishes at 5pm.



Bates A.M. Crew

Co-captains Norma Saleido, Janette Ramsey,  
Alan and Deb Sharon



Sha and Mac McDonald



Julia and Emila Saleido  
(missing sibling from photo)



Bates P.M. Crew  
Kiwanian, Simon Stirner, Barry Cole, Schulz,  
Bob Burrow (Captain) and Tanya Zimmer

Shown at left is the Rincon mechanic support  
from Phillip Casanta, Hypercat.



## Rest Stop – Manning Park

Co-Captains Kate Faulkner, Bill Faulkner, Leslie Ogden

Manning Park – Located in prestigious Montecito opens at 8:30 and closes at 3:00pm. Riders from all three centuries - Classic, Hilly and Double Metric, visit this rest stop twice. The morning crew arrives 7:30am with the afternoon shift starting at 11:30 am.



Mirta Millares, Carol Luther, Leslie Ogden (Co-Captain) Janice Kuwahara, Kate Faulkner (Co-Captain) and Jenny Owen  
Missing from photos: Bill Faulkner (Co Captain) and Dave Bobardt



Tim Turpin – Manning A.M.



Ron Dow Manning A.M.



Mark from Avery's Open-Air volunteers as Manning mechanic



This happy group of Manning volunteers took a moment out of their duties to pose for a photo.

Patti McCourt, Theresa Bentz, Kate Faulkner, Michael Gold, Richard Kelman, Karen Foote, Theresa Satterfield

## Rest Stop Stow Grant Park

Captain Janeene Nagaoka

Stow Grove Park located in Goleta is the lunch stop for all century riders. The crew at this stop puts out scrumptious deli sandwiches with all the trimmings. They officially open for riders at 10am but our volunteer staff arrives at 8:00am to prepare for the influx of hungry cyclists. This is the farthest stop from the finish line so around 2pm volunteers start urging riders to keep moving so that they will have enough time to finish before the routes close at 5 pm. This lunch rest stop has 15 volunteers which is the most of all our stops.



Captain Janeene Nagaoka



Janet Arsena, Cynthia Tinoo, Lisa Jones, John Bayne, Grant Bagne



Ken Mokie, John Cinati, John Bayne



Joni Jordan, Sherry Mullin



## Rest Stop Stow Grant Park – *continued*



Sharon Bellman,  
Patrick Mullin ,  
Awesome  
volunteers,  
Carol Sirott,  
Daniel Fishbein,  
Joni Jordan,  
Missing from  
photo: Davis



Norm Schiele. Stow Grove mechanic

*Our roving reporter was so busy managing rest stops that she couldn't get out and photograph all of the other volunteers who were feverishly working their assignments – the sag drivers, the sign makers, Toby and his merry band of traveling bicycle mechanics, the food purchasers, the food and water deliverers, the accountants keeping track of costs, the advertisers, the poster makers, the phone callers, the negotiators, the photographers, committee members... to name a few.*

## VUSD Water Stop

Co-Captains Dan and Margaret Mathews

VUSD Water Stop - This stop is just off the bike path at the Ventura Unified School District. It is a water stop with limited yet delicious refreshments and a portable restroom. It serves as the second stop for the Metric Century route. The Water stop opens at 7am and closes at noon. Dan and Margaret particularly enjoyed chatting with the several out-of-town groups as well as the many Cool Breeze regulars.



Dan Mathews – cool watermaster



## Our Boy Scouts

The Boy Scouts play a huge role in the rest stop clean-up process. Starting at Stow Park, this group of workers washes dirty utensils and dishes. They help clean up the area and load supplies and equipment into the large rental truck. The group visits Manning Park and Rincon Beach Park doing the same. There is a stop at the ride start to reorganize, pick up the remainder of registration supplies and navigational signs. The Boy Scout crew then heads over to the storage unit to unload and repack.

## *Message from Diane, Cool Breeze Volunteer Coordinator*

These are the faces of the Rest Stop volunteers. Many of our volunteers are cyclists and have themselves participated in century events. Some are all too familiar with the importance of a Rest Stop. We believe we have the best, hardest working, dedicated, knowledgeable and supportive group of volunteers out there. We thank all of you who were able to help out with this year's Cool Breeze. Remember to mark your calendar for **August 15, 2020** and we'll do it all over again. If you haven't yet volunteered, please consider signing up next year!



## Cool Breeze Volunteers Made It Happen



Photographer  
and historian  
Ron Parker





## More Cool Breeze Volunteers Made It Happen





## Our Cool and Fun-Lovin' Cool Breeze Riders Came from Far and Near



Photos courtesy of Ron Parker, Dina Pielat, Leslie, Diane and Margaret  
Ron has provided a link to his photo gallery:  
<https://www.flickr.com/photos/downtown6787/sets/72157710428197671>



## Our Cool and Fun-Lovin' Cool Breeze Riders Came from Far and Near *continued*





## Annual All-Club Ride, Summer Picnic and Beach Party - July 13



Just look at all the happy people who were cool enough to attend this year's club picnic at Rincon Park on July 13. Nearly 60 club members and guests - and one passer-by who paid her fee and joined us - enjoyed cycling, relaxing, dining on succulent BBQ, and some even went to the beach.

The picnic started with Bob, Margaret and Fran cleaning and setting up the signs, table decor and snacks. Sonia set up three adventurous rides - two from the site led by Kate and Bill, and Dan's leisurely cruise from Mission Park that left at 10:00 A.M. - with all cyclists and arriving at the park refreshed and ready to party. A delicious BBQ lunch provided by world-famous Bodacious BBQ featuring trip-tip, chicken, vegetarian chili, green salad, garlic bread, desserts.

The picnic was so successful that the club already booked the same site for the 2020 picnic on **Saturday, July 11** put it on your calendar! *Continued on next page*





## Picnic Palooza *continued*



Mission Park Group led by Dan



*If you think this looks like fun, then put next year's picnic and ride extravaganza on your social calendar! Same place – Rincon Park. July 11, 2020.*





## 2019 Lure of the Grapes In Sacramento

### ***We have a change of venue for this year's Lure of the Grapes – October 18-23***

Following a poll of club members, it was decided to hold the 2019 Lure of the Grapes in Sacramento instead of Buellton/Solvang. Members voted for this change of venue in order to explore some new territory and trails along the Sacramento River Trail. The rides will be around 35-50 miles on mostly flat terrain with plenty of opportunities to stop and enjoy the scenery, sip a cup of java, snap photos, relax. Come for the duration or for a few days.

CIBike member Tom Stark has ridden the American River Trail in Sacramento and recommended it as a fun alternative to the Santa Ynez Valley event, and has volunteered to be the event leader. Up-to-date information will be in the president's weekly emails.

#### **Register Now for the Sacramento Adventure**

Most of the work is being done for you – all you have to do is make a reservation, clear your calendar, pack your bike, and show up. Here's how to start planning your Sacramento biking getaway. Register for the event on the club website [www.cibike.org](http://www.cibike.org).

Tom has arranged for a group of rooms to be set aside for us at the Hawthorne Suites Sacramento at the rate of \$92 per night. Choose between 2 Queen beds or 1 King bed.

Reserve your room by calling 916-441-1200. Ask for front desk and request a room under the block name: Channel Islands Bike Club Tour.

Additional info is available on the CIBike Rides calendar for October 18. This biking adventure is open to all CIBike members.

#### **Sacramento Lure of the Grapes Itinerary**

Plan on a happy hour every night before walking to nearby restaurant for dinner.

Day 1 (Friday Oct. 18) - Travel day followed by happy hour and dinner at nearby restaurant.

Day 2 (Oct. 19) – Ride to Davis with stops at open air farmers market and/or the nearby bike museum. Lunch at Woodland; return to town via the river road.

Day 3 (Oct. 20) - Ride through Sacramento on sight-seeing tour with many stops at various tourist attractions.

Day 4 (Oct 21) - Ride the famous American River Bike Trail from Discovery Park to Folsom Lake. Return mostly on the American River Trail.

Day 5 (Oct 22) – Tuesday the plan will be to ride south along the Sacramento river to Locke and stop for lunch.

## From the CIBike Archives of Fame: a Key CIBike Milestone – March 2012

CIBike members celebrate the opening of the new bridge  
over the San Antonio Creek in Oak View.

Then club president Leslie Ogden wrote: The club donated \$20,000 for this project. It mattered all the more because our contribution showed there was substantial local support for the project that greatly helped the grant application.



(not in order)  
Janel Ball, Diane Stein,  
Glenn Erickson, Deanna  
Owens, Steve Gwillen,  
Leslie Ogden,  
Club founders Ed and Udas  
Young, Ann and Alan  
Rosenau, Gene Ball,  
Kate Faulker.

Can you identify the others  
in this photo? If so, please  
contact the editor  
Margaretann2105@aol.com  
.

Supervisor Steve  
Bennett and county  
officials cut the  
opening day ribbon  
on the San Antonio  
Bridge along with  
then CIBike  
President Leslie  
Ogden and Founders  
Ed and Udas Young.

Photos by Ron  
Parker.





## Seeing is Believing' Ride the Santa Clara River Loop Trail – Join Our October 5 Ride!

By Nina Danza, Ventura Sierra Club Ventura Chair

***Get some no-emissions recreation, with a little environmental education and commuting encouragement thrown in, on a group ride where a Santa Clara River Loop Trail is envisioned.***

This easy ride on October 5 is being put on by a partnership of CIBC, Sierra Club, Friends of the Santa Clara River and BikeVentura. We want to help residents from Riverpark, east Ventura, Saticoy El Rio and nearby areas feel safe and have fun getting to school, work and shopping by bike instead of driving. The Santa Clara River Loop Trail is proposed for 8 miles around the north and south banks of the river from Hwy 101 to Hwy 118.



The ride will show off existing pieces of the larger trail as well as where pieces need to be built. Leaders will make stops along the way for natural viewpoints, to point out key River ecology areas, to highlight ground and surface water features, as well as note historic and cultural sites. You will also learn where to find connections to regional mass transportation methods (bus and train). Start/End Windrow Park (802 Owens River Dr., Oxnard) 9am-11am. Questions: [sierraclubventura@gmail.com](mailto:sierraclubventura@gmail.com)

This photo shows an example of bike trail in Los Angeles County portion of the Santa Clara River.

## CIBike Team Gets Rid of Those Pesky Goat Heads

On a hot day in September, a dedicated team of CIBikers hauled out their rakes, shovels, and industrial-strength work gloves and worked hours to clean pesky goat head weeds off part of the bike path near Foster Park. They cleared over 150 pounds of prickly goat heads just waiting to pierce an unsuspecting biker's tire. Thanks to Leslie Ogden, Kassie and Glenn Erickson, Bob Foote, Patrick McDonald, Arli Escobar, Kate Faulkner, Sonia Sandomer.



For a good while until they grow back, over 150 pounds of dastardly goat-heads were cleared out, at least in this area near Foster Park. Just another fine service by CIBike volunteers!

## Club Calendar of Fun and Important Events



Saturday, October 5	<p>- <b><i>First Saturday Wear Your Jersey Day!</i></b></p> <p>- Community ride along the Santa Clara River trail – see article on previous page for details.</p>
Wednesday, October 9	<p>Club event – everyone invited, meet up with fellow cyclists, fascinating presentation by the long-distance cycling group - Randonneurs.</p> <p>6:30 Beer and Wine Bar 7:00 Presentation</p> <p>Museum of Ventura County, 100E. Main St, Ventura, Ride your bike!</p>
October 18-23	<p>Lure of the Grapes - Fun weekender cycling adventure in Sacramento.</p> <p>Come for the entire event or for a few days – lots of good stuff planned.</p> <p>Sign up now – details in this issue and weekly club emails.</p>
Saturday, November 2	<p><b><i>First Saturday Wear Your Jersey Day!</i></b></p> <p>if you don't have a club jersey, get one! We will be ordering a batch of new jerseys – watch for info in weekly emails.</p>
November 13, Wednesday	<p>Club meeting and 2020 Board of Directors meeting elections. Think about joining the board of directors and help shape the direction of CIBike for 2020. Throw your hat in the ring by November 6, send to <a href="mailto:presidentcibike@gmail.org">presidentcibike@gmail.org</a>. Meanwhile put this date on your calendar.</p> <p>6:30 Beer and Wine Bar 7:00 Presentation</p> <p>Museum of Ventura County, 100E. Main St, Ventura, Ride your bike!</p>
Saturday December 7	<p><b><i>First Saturday Wear Your Jersey Day!</i></b></p> <p>Show your yellow pedal power!</p>
December 8	<p>It's never too early to plan a holiday festivity! The club's annual holiday party open to all club members! Enjoy a delicious meal, adult beverages, perhaps some zesty line dancing, always a good time. Watch for more info!</p>

Check the club's Ride Calendar! There are always good excursions most days of the week and special rides including the Third Sunday Ride, Three Harbors Ride, and more. Meet new and old friends by riding with Moorpark and Ojai cycling groups. If you want to wheel faster, join up with the Fast and Far group on Saturdays, 8:00 A.M. from the Mission parking lot. Wear your jersey on the first Saturday of the month!





## Short Shifters - Stuff You Want to Know

Our Motto - Keep Crankin'!

- Here's great opportunity for the journalist inside of you!  
The Chain Chatter editor (Margaret) is ready to pass the baton to the next editor-in-chief. It's a fun job! Shape this newsletter as you wish. Be the first one on your block to receive all of the fascinating news scoops! The Chain Chatter is published quarterly as our faithful readers already know. Free training is provided.  
Contact me at [Margaretann2105@aol.com](mailto:Margaretann2105@aol.com)
- Together with Senator Scott Wiener and our partners, CalBike is sponsoring the Complete Streets for Active Living Bill (SB 127, Wiener), to require Caltrans to follow its own Complete Streets Policy and prioritize the safety of everyone who uses our roads, not just drivers, on every repaving, maintenance, and rehab project. You may sign the petition to let lawmakers know that you support this bill. Thanks to Terry Spragg for forwarding this info.  
[www.calbike.org/take\\_action/complete-streets-petition](http://www.calbike.org/take_action/complete-streets-petition)
- Breaking down Caltrans' cost estimates of the Complete Streets Bill  
<https://cal.streetsblog.org/2019/08/30/breaking-down-caltrans-cost-estimate-of-the-complete-streets-bill/>
- Always fun to read the BICYCLISTS magazine (pick up one free at many of the local bike shops). <https://bicyclist.xyz/c/briefs>
- Lots of fun and fascinating bicycling stories.  
[www.thebicyclestory.com/2014/09/a-different-kind-of-mountain-climbing-by-bike/](http://www.thebicyclestory.com/2014/09/a-different-kind-of-mountain-climbing-by-bike/)
- Thanks to Terry Spragg for submitting the link to an interesting article titled "4,000 miles of Detroit art: a man with a camera, a bicycle, and a goal!" Even though he's "not a bicyclist" he has experienced an incredible adventure while on his bike.  
<https://www.freep.com/story/news/local/michigan/oakland/2018/07/05/detroit-art-man-bicycle/737902002/>
- California's proposed 300-mile Great Redwood Walking and Biking Trail  
<http://www.railstotrails.org/trailblog/2019/may/seeds-planted-for-californias-300-mile-great-redwood-trail>
- It's here! The new CA Bicycle License Plate. Help raise funds for bicycle projects around the state. Order your plate or learn more at <https://calbikeplate.com>



Got a short shifter to share? Send it to the editor and receive a free acknowledgement! Editor: [Margaretann2105@aol.com](mailto:Margaretann2105@aol.com)

## Taking Care of the CIBike Adopt-A-Path Legacy



Years ago, the Channel Islands Bicycle Club was the first club in California to adopt a bike path. The Emma Wood bike path is now cleared of trash and residue by members who volunteer to spend a few hours to keep our namesake clean and presentable. If you would like to occasionally join the Clean Team let us know by emailing anyone on the Board of Directors. The sign was recently replaced with a brand-new shiny sign. Thanks Dan and Kate for the photos.



### SHOW OFF YOUR YELLOW PEDAL POWER!!!!

**Wear your jersey on every first Saturday ride!**

See these guys? They are cool because they are wearing their club CIBike jerseys on the first Saturday of every month.

***Don't have a jersey? No worries!***



Jerseys, matching socks, and a few club jackets are available for purchase.

We'll be ordering a new supply of jerseys.

Contact Dan Mathews for your Yellow Pedal Power.