



25th Annual Cool Breeze Century – Tradition Continues on August 17



Editor's Note:

Can you believe that the Channel Islands Bicycle Club has been captivating cyclists with the Cool Breeze Ride for a quarter century?

This year's Cool Breeze on August 17 marks the 25th anniversary of an event that has served many worthy purposes besides having just darn fine rides. In partnership with the Ventura Kiwanis, CIBike works months in advance to present one of Southern California's best riding experiences. Event proceeds go into our grant programs which allows us to award funds to organizations that promote safe and healthy cycling, and bike advocacy. Our guest editors share their thoughts on why Cool Breeze Century is both a worthy and exciting experience:

- Cool Breeze volunteer coordinator **Diane Stein** compares the Cool Breeze logistics from "back in the day" to today's Cool Breeze, and offers opportunities for volunteers.
- Cool Breeze Director **Bart Bleuel** offers his insights on the long-running event.
- **Kate Faulkner**, club president, writes about the CIBike grant program and how it benefits many worthy local organizations.
- **Derek Towers** describes the sixth-grade bicycle education program in Ventura schools that was partially made possible by a generous CIBike grant.
- **Joey Juhasz-Lukomski**, executive director of BikeVentura, writes how CIBike grants are changing the landscape of bicycling in Ventura County for years to come.

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CIBike is a nonprofit recreational organization that provides enjoyable and recreational bicycle riding and related activities in and around Ventura County.

2019 Club Officers/Volunteers

President.....	Kate Faulkner
Secretary.....	Therese Satterfield
Treasurer	Patrick McDonald
Programs	Dan Mathews
Public Relations	Margaret Mathews
Rides.....	Sonia Sandomer
Grants	Bill Faulkner
Membership	Soheil Roshan-Zamir
Government Liaisons	Leslie Ogden, Kate Faulkner
Director at Large.....	Burt Elliot
Web Content.....	Soheil Roshan-Zamir
Web Content.....	Sean Michnowski, Mike Stewart
Website.....	www.cibike.org

Chain Chatter Newsletter

Our newsletter, Chain Chatter, is distributed by email to members, unless requested otherwise. It is also posted on cibike.org under "members." Your letters, stories of cycling experiences (good and bad), news items, ride ideas, tech info, etc., are welcome! Please email information to: Margaret Mathews, Editor, at Margaretann2105@aol.com.

Renewal Notices

Please watch for your renewal notice; notices are emailed to members annually. Questions about membership may be directed to Soheil Roshan-Zamir.

Monthly Meetings

General meetings are held on the second Wednesday of each month (except August and December), at the Museum of Ventura County, 100 E. Main St, Ventura. The general meeting starts at 7:00.

Cool Breeze Century

Our Cool Breeze Century ride is held the third weekend in August each year; the 2019 event will be on August 17.

CIBike Mission

The Channel Islands Bicycle Club (CIBike) is an inclusive, non-profit organization that promotes bicycling for recreation, health, sport and transportation. CIBike is committed to increasing awareness, skills, and safety for cyclists through worthy programs, grants, and partnering with agencies that share our vision of fun and safe cycling.



President’s Message

By Kate Faulkner,
2018-2019 President

*We are building a
“Bicycle Community”*

I am still jazzed as I write this note after returning from the CIBike Spring Fling at the Great Western Bike Rally (GWBR) in Paso Robles. I have always enjoyed the Spring Fling in Buellton. However, this year was special as our first year connecting the Spring Fling with the GWBR. Part of the added enjoyment for me was joining with cyclists from around California to celebrate the fun of cycling. GWBR has something for cyclists of all ages and abilities. It was especially fun to watch the joy of young kids having a blast with their bikes. GWBR is a terrific way to bring children and grandchildren into bicycling.

I love being part of a community - CIBike and beyond. At times the word “community” seems overused and overly broad in meaning. I used to think of “community” as just the town that I lived in. However, I now embrace a more personal definition of community as a network of people with shared purposes and interests. In the case of our “bicycle community”, we come together to support bicycling and all of its associated infrastructure, education, health benefits, sport, and fun.

Being part of a community includes both giving and receiving. We can be so proud of how much CIBike, and CIBikers, give.

The bike education programs currently underway at Ventura Middle Schools have been fantastic. CIBike provided necessary grant money to purchase bikes and a transport trailer for the program. The City of Ventura and BikeVentura have been the primary trainers; frequently joined by CIBike board member, Bill Faulkner. I hope we can continue to grow this program for many years into the future. Read more about this program in Derek’s article in this issue.

Thank you CIBike members for helping to make the Amgen Tour of California (ATOC) such a success for Ventura

Continued on page 10

25 Years of Cool Breeze – 18 Year partnership with CIBike and Ventura Kiwanis

By Bart Bleuel, Cool Breeze Century Director

This year's Cool Breeze is on 8/17/19. This has been an 18-year relationship between CIBike and Ventura Kiwanis that benefits both biking interests and the youth of Ventura. CIBike is responsible for staffing the five rest stops, routing and SAG. Ventura Kiwanis provides the rest of the volunteers including but not limited to administration, preregistration, registration, ride prep, and the after-ride meal. Janeene Nagaoka has provided ride designs for shirts, jerseys and other items from the very first Cool Breeze.

There was a time when the Cool Breeze was ridden by 2,000 riders, but in more recent years the ridership has slipped somewhat. We've learned a lot since the heyday when we sent everyone up HWY 1 through Montecito, with accompanying citizen complaints. We soon realized the need to separate the event into five rides, some going up HWY 1, others to Ojai, some hilly, some not so much. One of the five rides is the classic century, which is undoubtedly the best first century ride around.

Please volunteer – sign up on the club website www.cibike.org. If you want to ride, register your family and friends at www.coolbreezecentury.com.

Important message from Volunteer Coordinator Diane

Fantastic Cool Breeze Volunteer Opportunity

*The Cool Breeze Century is our club's BIG EVENT of the year
and you can be part of it by volunteering! "Why" you say?*

For many reasons including making the event a success which then allows CIBike to award grants to local non-profits who share our mission of safe and fun bicycling.

Read about the specifics in Kate, Derek and Joey's articles in this issue.
And just as important – look at these volunteers! Aren't they having fun?

That could be you as a volunteer! July 1st volunteer signups begin!

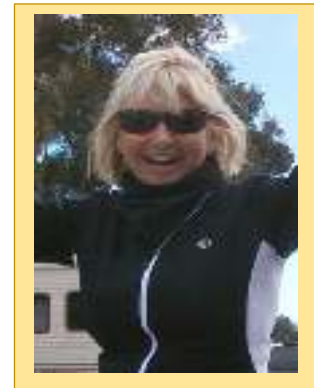
Please register on our club website – go to the volunteers signup activities page or download the volunteer form and email to coolbreezovolunteerscibike@gmail.com.



Volunteer opportunities include preparing and serving at one of the rest stops and working behind the scenes getting the signs ready.

This is the 25th anniversary of the Cool Breeze – We've Come a Long Way

By Diane Stein, CIBike member,
Cool Breeze Volunteer Coordinator



CIBike partnered with the Ventura Kiwanis around the event's third year and together we have been able to provide our community with a premier cycling event. One of our main accomplishments is using the event proceeds for the club's grant program. Read about our grants in this issue's articles written by Kate, Derek, and Joey.

Cool Breeze Committee + Volunteers + Riders = Success

Over the years many of our club members and Kiwanians have volunteered and worn multiple hats to ensure that our event is both successful to our riders and beneficial to our cause. This is quite an accomplishment and to this day the Cool Breeze Century continues to be an elite cycling event. Each year the CB committee asks for volunteers to staff our Rest Stops and CB Central, mark and SAG our routes, register our riders, and much much more. I am amazed with all the positive responses I receive each year as I call upon our members to volunteer. Thank you for your endless support.

How Our Past Work Morphed Into our Present Success

As our Cool Breeze committee heads into preparation mode, I wonder what this process would have been like 25 years ago. Let's start with registration.

2019 – register with a few clicks. Today riders can register through an internet site. After a few clicks, they can register to ride, buy some merchandise, download routes/maps, pay for and get a receipt. We are provided with printouts of all these computer transactions and the funds are directly deposited into our Cool Breeze account. Pre-registration gives us a pretty good idea of our event ridership so we can prepare for food, drinks, merchandise, parking, porta potties, SAG and staffing needs.

1990's Handwritten lists - 25 years ago registration was done on the day of the event. Any type of rider list had to be hand created on the spot. We provided registered riders with a free T-Shirt and goodie bag. Handling of checks and monies collected that day had to be properly recorded and deposited. There was no advanced knowledge of ridership so a lot of guesstimating had to be done.



This Is Now Currently we offer five riding options with maps, elevation gains, turn by turn directional cue sheets and street markings. All routes can be viewed, downloaded and printed prior to the event. We have many types of navigational aids like RWGPS and Google maps to assist us in the creating of these routes.

That Was Then Our first event had only 2 options, a Metric Century and the full Classic Century. Both rides were staged in front of the gymnasium at Ventura College

where there were approximately 150 riders. Cycling routes back then were not so easily created. Routes had to be either ridden or driven to determine and verify correct street names and proper directional turns. I was told that at one time a map wheel was used. They were able to identify proper mileage by rolling the wheel across a map from point A to point B. Our club cue sheets were also beautifully handwritten. However, we're not sure if the cue sheets for the first Cool Breeze were handwritten or typed.

Continued on next page

Diane's story: We've Come a Long Way -Continued from previous page**Cool Breeze Central is a designated position that handles event road problems.**

Riders are given a phone number to contact us in case of an emergency or problem. Today we are able streamline responses due to better communications with emergency personal, SAG drivers and offer GPS directions. I imagine 25 years ago Cool Breeze Central was staffed by multiple volunteers and saw a lot of action. At that time, it was not uncommon for Central to receive numerous calls from lost riders. Riders would call in being off route and lost but had absolutely no idea where they were. Getting a rider, who doesn't know where they are, back on course was time consuming and downright difficult.

2019 Nav Tools for Drivers -

SAG and sign drivers now have the conveniences of smart phones and navigational tools to help them locate riders in need of assistance and sign placement locations. They are able to keep in frequent contact with other drivers and Cool Breeze Central.

1994 Phone Booth Communications –

In 1994 there were mobile phones, however, they were not yet the norm for the average consumer. Out on the road, communications had to be done either by a public phone or a SAG driver had to relay information in person.

Today's Spreadsheets -Today we have sophisticated spreadsheets to track all our staples and food items needed to stock our rest stops. We make purchases in bulk and preorder items for pick up. We need trucks to transport the volume of goods purchased.



Yesterday's handwritten notes - While our first event may have only had 150 riders, we still had to shop for large quantities. An old-fashioned handwritten list and an in-store shopper was the method of the time. CIBike members used their personal cars to transport goods and the inventory was stored in someone's garage.

It was fascinating to hear a few of the Cool Breeze stories of yesteryear. I know I've only scratched the surface but just think of how far we've come in the last 25 years. Our cycling club has a respectable history that has been shared by many. I've been a club member for 9 years. I can't tell you how many times I've heard another member say "remember when...". What resilience our club has to be able to put on an event of this magnitude for 25 years. We can all BE PROUD!

Diane



Come ride with us!

SATURDAY, AUGUST 17, 2019

The Success of the Cool Breeze Makes the CIBike Grant Program a Success

By Kate Faulkner, CIBike President



Channel Islands Bicycle Club (CIBike) is continuing our long tradition of promoting and funding bicycle programs. We have a substantial history of personal involvement by club members volunteering for bicycle advisory boards, bicycle booths at local festivals, community bike rides, bike valet parking, the Amgen Tour of California, and many other events. CIBike also has used funds, raised through the Cool Breeze Century and membership dues, to support cycling through the good work of other organizations.

There are several non-profit organizations that have been receiving annual financial support from CIBike. The League of American Bicyclists and the California Bicycle Coalition are long-established organizations that work with legislators and agencies for better laws, policies, and facilities for cyclists. Rails to Trails, Cycle California Coast, and Adventure Cycling Association also receive annual support from CIBike to continue their efforts promoting cycling, mapping bicycle routes, and creating bike trails on vacated railbeds.

CIBike has supported many local organizations, such as several Boy Scout troops sponsoring scout cycling, several local high schools with bike teams or classes (Newbury Park, Westlake, and Channel Islands High Schools), Lux Bike Racing, and the Oxnard Police Department's safety program for young cyclists.

In the last year, our biggest support programs have been for BikeVentura and the City of Ventura. BikeVentura is active in bike advocacy, education, and support in Ventura, Fillmore, and Oxnard. They are an ongoing partner with CIBike in so many bicycling programs. It has been exciting to watch this organization grow. CIBike supported the purchase of bicycles by the City of Ventura for a middle school bicycle education program with the goal of reaching every 6th grader in the city. The program, staffed by the City, BikeVentura, and CIBike was a huge success and a lot of fun. For some of the kids, the school program was their first time riding a bike. The smiles were very big! The bikes are being cared for by BikeVentura and can also be used for their many outreach and education programs. Read more about this program in Derek Towers article.

CIBike has made many financial contributions to support cycling over the years, from the big (San Antonio Creek bridge on the Ventura - Ojai bike path) to the small (the well-used bicycle racks in front of Rabalais in Santa Paula).

Jim Sayer, Executive Director of Adventure Cycling Association, visited CIBike last January because he considered us to be a model bike club due to our engagement and support of bicycling from the national to the local level. That's high praise and a testament to the continued commitment of CIBike members to sharing our love of cycling.

CIBike Grant

Helps Make VUSD 6th Grade Students Bicycle Education a Reality



By Derek Towers, Ventura Bicycle Coordinator, CIBike Member

Eight years in the making; perseverance pays off. A sixth-grade bicycle education program, entirely grant funded, debuted in the Ventura Unified School District (VUSD) in April. A collaborative effort between the City of Ventura, VUSD, Channel Islands Bicycle Club, BikeVentura, REI, and CycleCalCoast, will teach, approximately 900, sixth-grade students, at Anacapa, Balboa, and Cabrillo middle schools, on how to be safe road-users on and off a bicycle. The media was invited to join Cabrillo Middle School students on Friday, May 3 to cover the first Community Ride.

The Nelson/Nygaard consultant team developed a one to two-week physical education (PE) course along with VUSD and City of Ventura staff. The Local League of American Bicyclist Certified Instructors, from BikeVentura, along with PE teachers have conducted classes, beginning in April and will go through June.

A fleet of discounted REI bicycles and helmets was purchased for use and travels to each school site for instruction, through a private grant from local Channel Islands Bicycle Club as well as a grant through Ventura County Transportation Commission for the development of the curriculum and purchase of a bike trailer.

The bicycle education grant, which was awarded in 2011, is a bicycle program targeting sixth-grade students. It will educate and encourage students by providing practical class and hands-on bicycle safety training. In addition to basic on-road skills, this training will raise the confidence levels of students and their parents, which is a key factor in increasing the number of students cycling to school.

Thanks again to CIBike for this most incredible grant. It is through the help of your grant we have succeeded in making this program happen. This is one of the best collaborative efforts to date. My hope is that this sets a precedent for many future large collaborative efforts.

Longer term discussions regarding the bicycle fleet and education between the City and BikeVentura are pointing to even broader use of the fleet by BikeVentura for bike rodeos, after-school programs, and specialty events county-wide. If you have questions about all things bike related, please contact me by phone or email at 805.654.7849 or dtowers@cityofventura.ca.gov.



The Next Big Things Being Planned for You! Join Us!

July 13 Picnic, August 17 Cool Breeze, October Sacramento Lure of the Grapes

Annual All-Club Ride, Summer Picnic and Beach Party - July 13

We will return to last year's fabulous picnic site - Rincon Beach Park, on Saturday, July 13.



Just look at all the happy people who were cool enough to attend last year's club picnic! Back by popular demand is the "All-Club Ride and Summer Picnic" on Saturday, July 13 at Rincon Park. And this year's fest will be just as fun - maybe even funner! This is what's in store for you:

- **Three rides with leaders** - long or short: start at 8:45 at Rincon Park, or choose a special leisurely cruise from Mission Park with Dan, leaving at 10:00 A.M.-



- **A delicious BBQ lunch** provided by world-famous Bodacious BBQ featuring trip-tip, chicken, vegetarian chili, green salad, garlic bread, desserts, water and soda pop. You may BYOB if you choose.

- **Lots of shade** and comfortable seating.

- **Bring your trunks** and go for a dip in the Pacific Ocean located just below the picnic site bluff. No lifeguard on duty.



Some members even drive up just to enjoy the BBQ lunch and visit. Ride, walk, drive or parachute in - however you choose to get there will result in a day of fun rides, tasty BBQ lunching, relaxation and enjoyment with friends. Sign up now on the club website or contact Dan Mathews., event director.





2019

Sacramento Lure of the Grapes

October 18-23.

We have a change of venue for this year's Lure of the Grapes!

Following a poll of club members, it was decided to hold the 2019 Lure of the Grapes in Sacramento instead of Buellton/Solvang. Members voted for this change of venue in order to explore some new territory and trails along the Sacramento River Trail. The rides will be around 35-50 miles on mostly flat terrain with plenty of opportunities to stop and enjoy the scenery, sip a cup of java, snap photos, relax.

CIBike member Tom Stark has ridden the American River Trail in Sacramento and recommended it as fun alternative to the Santa Ynez Valley event, and has volunteered to be the event director. Tom has procured group rates at a local Sacramento hotel and will arrange the rides. Detailed information will be in the president's weekly emails, on Facebook and in the Fall Chain Chatter.

Just Show Up with Your Bike

Most of the work is being done for you – all you have to do is make a reservation, clear your calendar, pack your bike, and show up. Here's how to start planning your Sacramento biking getaway.

Tom has arranged for a group of rooms to be set aside for us at the Hawthorne Suites Sacramento at the rate of \$92 per night. Choose between 2 Queen beds or 1 King bed.

Reserve your room by calling 916-441-1200. Ask for front desk and request a room under the block name: Channel Islands Bike Club Tour.

Additional info is available on the CIBike Rides calendar for October 18. This biking adventure is open to all CIBike members.

Sacramento Lure of the Grapes Itinerary

Day 1 (Friday Oct. 18) - Travel day followed by happy hour and dinner at nearby restaurant.

Day 2 (Oct. 19) – Ride to Davis with stops at open air farmers market and/or the nearby bike museum. Lunch at Woodland; return to town via the river road.

Day 3 (Oct. 20) - Ride through Sacramento on sight-seeing tour with many stops at various tourist attractions.

Day 4 (Oct 21) - Ride the famous American River Bike Trail from Discovery Park to Folsom Lake. Return mostly on the American River Trail.

Day 5 (Oct 22) – Tuesday the plan will be to ride south along the Sacramento river to Locke and stop for lunch.

President's Message - continued from page 2

Over 200 people volunteered as course marshals (and filled other critical functions) for the women's race start and for the finishes of women and men. The City of Ventura would not commit to hosting ATOC without a high degree of confidence that our bicycle community would step forward and answer the call for volunteers.

We had over 100 people attend our May meeting to hear Kendall and Alexis Ryan describe their lives as professional cyclists. The energy in the room was very exciting.



The May meeting marked our one-year anniversary at the Museum of Ventura County. The museum has been a wonderful host. The venue is classy, comfortable, and a welcoming place to regularly bring the local bike community together to chat, learn, relax, connect, and enjoy. We have more terrific evening programs coming your way on the second Wednesday of the month.

Our bike community allows us to grow and achieve in ways that we could not as individuals. Hopefully, you feel that you are receiving at least as much benefit from being part of our bike community as you are giving. The bike community would not exist without the efforts of many, many individuals. Due to lack of space, I can't mention all of the people (so many faces and names going through my mind as I write this) who contribute so much. You are all appreciated.

CIBikers give and we receive. Also, we have FUN riding our bikes! *Katz*

Club meetings are held at the Museum of Ventura County, 100E. Main St, Ventura.
Join us at 6:30 p.m. for a beer and wine bar; presentation at 7:00.

July 10 - Dr. Dan - People for Bikes, and fun bicycle trivia contest
 August - No Meeting - see you at the Cool Breeze!
 September 11 - Dr. Tchejyan MD, orthopedic and sports medicine
 October 9 - Stay tuned for another informative and exciting meeting!
 November 13 - Officer elections - throw your hat in the ring!
 December - No meeting - come have fun at the holiday party!

Looking Back – May 2015 – CIBike Cyclists Accompany Wounded Warriors

In May 2015, the Navy contacted Dan Mathews, then club president, to support their cycling team of wounded service men and women on the Team Navy Time Trials in preparation for the annual Department of Defense Wounded Warrior Games. The call went out for club riders and was answered by an enthusiastic team of jersey-wearing members who accompanied the wounded warriors on their trial ride from Pt. Mugu to Neptune's Net.

The Team Navy Time Trials are part of the Navy Wounded Warrior - Safe Harbor program, which is the Navy's sole organization for coordinating the non-medical care of seriously wounded, ill and injured Sailors and Coast Guardsmen, and providing resources and support to their families. Navy Wounded Warrior has assisted more than 6,600 service members throughout the country.

The Wounded Warrior Games included teams from the Marine Corps, Army, Air Force, Special Operations Command, United Kingdom, Australia, Canada, Denmark and Netherlands. Since 2010, the Warrior Games have aided in the recovery and rehabilitation of our nation's wounded, ill, and injured service men and women as they prepare to return to duty or the civilian world.

Dan said: "Participating in this wounded warrior event was worthy as many of our club members are military veterans, have kids in the military or who are from military families. It was an incredible and humbling experience to meet and ride with these men and women who rose to the challenge of overcoming their quite significant wounds to achieve some difficult goals. We were honored to be a part of their time trials and hope to someday support this team once again."



CIBike grants are helping to help change the landscape of biking in Ventura for a generation.

By Joey Juhasz-Lukomski, Executive Director, BikeVentura

By supporting various bike education programs around the county, CIBike is helping hundreds of youth learn to ride safely, or even ride for the first time. And with more kids obeying the rules of the road, wearing helmets, and riding to school, our push for safer bike infrastructure is given greater urgency. Simply put: bike education is bike advocacy.

In February, CIBike awarded a grant to the City of Ventura to purchase a fleet of bikes to teach bike safety to 6th graders in PE class. Typically bike education in schools may have consisted of a one-hour assembly where police officers touted wearing a helmet. But this year, using that fleet, over 900 students were given a week of on-bike training, including a ride around the neighborhood to put what they learned into practice. PE teachers were overjoyed with their students. Derek Towers article in this issue describes more about this program.

CIBike also awarded BikeVentura a \$10,000 grant to teach youth bike safety through a variety of programs, like bike rodeos, after school programs, and summer camps. We've distributed new helmets to over 135 youth around the county, as well as giving bikes to youth in disadvantaged communities. We were able to take a group mountain biking around Lake Cachuma, and even brought a few kids to city hall to ask Ventura City Council to keep funding bike projects. Without the grant from CIBike, this wouldn't be possible.



It's so much fun working with kids and teaching them to ride safely, but it's something incredible to teach a young person to ride a bike for the first time. Because of the 6th grade bike education and bike rodeos, we've taught over many kids to ride a bike. Even in the 6th grade, we see youth that haven't learned for a variety of reasons: they don't have access to a bike, their parents don't have time, or they're just too nervous. One of our rodeos was with Kids & Families together, and organization working with foster and kinship care youth. That rodeo came about because a grandparent was physically unable to teach their grandchild how to ride, and other caregivers couldn't find the time. All in all, that day we taught 11 kids to ride a bike. We've taught deaf and hard of hearing youth, children with autism, and kids with other learning disabilities to ride too.

Channel Islands Bicycle Club has been supportive with generous grants, but also helped with club members volunteering at these events. If you are interested in getting involved, contact BikeVentura. It's really rewarding work, and it will benefit us all as we continue to push for better bikeways for us and for the next generation.

Good News on Two Fronts for the Biking Community

By Leslie Ogden, CIBike Government Liaison

Good news on a couple fronts:



Steve Bennett and Alan Sharon inspecting our bike path.

ONE: Two top Caltrans directors came to Ventura May 24 to ride the two coastal paths we use the most – the Omar Rains and Ralph Fertig Bike Paths. Their focus was on the maintenance issues these bike paths pose.

One possibility discussed was that of a small sweeper owned jointly by the City, County and Caltrans specifically for area bike paths. We thank District 7 Director John Bulinski and District 7's Head of Maintenance Alan Sharon for their commitment to maintaining these paths well. Thanks, too, to Ventura's Bicycle Coordinator Derek Towers and County Supervisor Steve Bennett (both CIBike members) for joining the ride and the fruitful discussions.

TWO: Tuesday, June 12, the Ventura County Board of Supervisors voted unanimously to dedicate \$8 million to paving and striping shoulders of many of Ventura County's most popular cycling roads. These are new monies in addition to those from the transportation budget. Two million will be put to work this year and the remaining six over the next four years. By the way, you can thank in part the many CIBike members who came to the Board of Supervisors meetings over time, letting our elected officials know there is a real constituency out here!

CIBike members – you have a voice!
Please continue to show support for our important causes.



Riding and Mapping the Santa Clara River Loop Trail: An Update

*The difference between the difficult and the impossible
is that the impossible just takes a little longer. – Anonymous*

Others might think trying to build a Santa Clara River Trail is crazy, but Nina Danza plays the long game. “Success would be easier if a champion materialized for the trail,” dreams Nina Danza, “but until then, I am the flywheel.”

Nina, Ventura Sierra Club Chair, has been co-managing a feasibility study with Friends of the Santa Clara River for the trail under a grant from the National Park Service. For the past few months, the team has concentrated on mapping trail alternatives along the River north bank between Hwy 101 and 118. Sometimes that meant getting off the computer and into the field. For example, it was a treat to have The Nature Conservancy provide a site review of potential alignments through their land. Similarly, the team was able to access the industrial area along the north bank just downstream of Hwy 118 to understand the complexity of trail alignment through private and public properties. Finally, Nina invited city staff to ride trail segments within the City of Ventura limits to figure out how to connect discontinuous spots. Soon north bank maps will be ready!

While working on the north bank maps, an effort to incorporate a trail along the south bank was taking place as part of the county levee repair project (known as Santa Clara River Reach 1, SCR1). In April, Watershed Protection District (WPD) indicated that although the trail would probably be permitted by the regulators, funding for engineering was not available and would have to be provided by the stake-holders. Not the perfect answer, but a challenge to negotiate and recruit community advocates!

If you play the long game and want to see a new bike route in our community, this is your chance to make it happen. Get involved with the Santa Clara River Loop Trail. Contact
Nina Danza sierraclubventura@gmail.com



Jim Danza sees the future
of the Santa Clara River Loop Trail.

The Ventura Sierra Club invites everyone from Ventura, Oxnard, Camarillo, Ojai, Santa Paula, Fillmore, Piru, Somis, El Rio, Port Hueneme, to learn about and help protect the waters of the Santa Clara River Valley, the wildlife of the Los Padres forest, the ocean environment to our west and air we breathe.

For more info: www.sierraclub.org/los-padres/ventura

Club Calendar of Fun and Important Events



July 10, Wednesday	Club meeting, interesting presentation by Dr. Dan of People for Bikes, really fun bike trivia contest, meet up with fellow cyclists. 6:30 Beer and Wine Bar 7:00 Presentation 100E. Main St, Ventura - Ride your bike to the meeting!
Jul 13, Saturday	Annual All-Club Ride and BBQ Picnic -at Rincon Park, register now on www.Cibike.org ; ride options include a leisurely ride from Ventura at 10:00 A.M. Complete info in this issue on page 8.
August 17, Saturday	Cool Breeze Century – CIBike’s premier event of the year. Sign up to volunteer or ride, on club website.
September 11 Wednesday	Club meeting, interesting presentation by Dr. Tchejeyan, orthopedic and sports medicine surgeon and tri-athlete. 6:30 Beer and Wine Bar, 7:00 Presentation 100 E. Main St, Ventura Ride your bike!!
October 18-23	Lure of the Grapes in SACRAMENTO this year. Complete info is provided in this newsletter, in weekly e-blasts and on Facebook. The rides are mostly on flat terrain along the scenic river and through the countryside. One day will feature a bike tour through the historical parts of Sacramento. Come join us for a completely different riding experience.
October 9, Wednesday	Club meeting - stay tuned for another award-winning world-famous CIBike extravaganza - open to everyone!
November 13, Wednesday	Club meeting and officer elections. Think about joining the board of directors and help shape the direction of CIBike for 2020.
December	It’s never too early to plan a holiday festivity! The club’s annual holiday party open to all club members! Enjoy a delicious meal, adult beverages, perhaps some zesty line dancing, always a good time. Watch for more info!

Check the club’s Ride Calendar! There are always lots of good excursions most days of the week and special rides including the Third Sunday Ride, Three Harbors Ride, and more. Meet new and old friends by riding with Moorpark and Ojai cycling groups. If you want to wheel faster, join up with the Fast and Far group on Saturdays, 8:00 A.M. from the Mission parking lot.

Short Shifters - Stuff You Want to Know

Our Motto - Keep Crankin'!



- Here's great opportunity for the journalist inside of you! The Chain Chatter editor (Margaret) is ready to pass the baton to the next editor-in-chief. It's a fun job! Free training is provided. Contact me at Margaretann2105@aol.com
- Together with Senator Scott Wiener and our partners, CalBike is sponsoring the Complete Streets for Active Living Bill ([SB 127](#), Wiener), to require Caltrans to follow its own Complete Streets Policy and prioritize the safety of everyone who uses our roads, not just drivers, on every repaving, maintenance, and rehab project. You may sign the petition to let lawmakers know that you support this bill. Thanks to Terry Spragg for forwarding this info. www.calbike.org/take_action/complete-streets-petition
- A learning opportunity from four Dutch cyclists who got pulled over by a motorcycle police officer for riding on the freeway. Thanks again to Terry for providing this entertaining video. <https://youtu.be/xwMyFXH5x28>
- Always fun to read the BICYCLISTS magazine (pick up one free at many of the local bike shops). <https://bicyclist.xyz/c/briefs>
- CIBike supports the Rails to Trails Conservancy. Read about the good stuff they are doing including the Great American Rail-Trail - a multiuse trail that stretches more than 3,700 miles between Washington, D.C., and Washington State. www.railstotrails.org www.railstotrails.org
- Interesting video on how Los Angeles became such a deadly city for cyclists and how a group of political riders is trying to change the driving culture – one bike path at a time. <https://www.outsideonline.com/2313301/would-you-ride-bike-los-angeles>
- The L.A. City Council this month approved a program to begin installing memorial signs to honor cyclists killed in crashes on city streets. The motion will direct the City's Transportation Department to fund, build, and maintain the signs. While bearing the names of victims killed at the site, the signs will also serve as public safety announcements, telling drivers to "Watch Your Speed" and "Don't Text and Drive," among other directives. <https://www.bicycling.com/news/a27229568/memorial-signs-cyclists>
- Closed! The Ojai Valley Bike Trail from Ventura to Ojai will be closed for repairs starting early August. Watch for updates on Facebook or in local news.



Got a short shifter to share? Send it to the editor and receive a free acknowledgement! Editor: Margaretann2105@aol.com

SHOW OFF YOUR YELLOW PEDAL POWER!!!!

Wear your jersey on every first Saturday ride!

Show your colors and proudly wear your club jersey
on the first Saturday of every month
to exert your yellow pedal power!

Don't have a jersey? No worries!



Jerseys, matching socks, and a few club jackets are available for purchase.

We'll be ordering a new supply of jerseys.

Contact Dan Mathews for your Yellow Pedal Power.

A public service announcement from Bicyclist Magazine



Coming across wildlife while riding can be a rewarding reminder of the benefits of traveling at 'bicycle speed': fast enough to cover significant ecological diversity, slow enough to bear witness and observe the animal kingdom all around us. Keep nature wild, look don't touch (you knew that right?)

Ride of Silence 2019

Several CIBike members joined BikeVentura to honor fallen bicyclists at the 2019 Ride of Silence held on May 15 in Oxnard. This national event focuses on the need for bicycle safety and following the rules of the road – by bicyclists and motorists alike. We remembered three club members who tragically died in collisions while riding their bikes: Matt O'Neill, Walt Hayes and Jim Dillingham.

