



Members Share Secret and Favorite Ride Destinations

Thanks to prolific newsletter authors Dan Mathews and Steve Light for researching, writing and sharing secret and favorite ride destinations for all to enjoy during COVID-19 restrictions. Dan writes: We have explored some hidden gem routes and destinations – places that are not normally thought about when starting a ride. We looked for the unusual although regular stops are also reviewed. We asked membership to suggest some of their favorite biking places that many have never visited. See you safely on the road!

Read all about it starting on page 5.

INDEX OF GOOD READING

Club Elections in November!

Volunteer your services as a CIBike director – help maintain and shape the future of our club by adding your name to the ballot.

Info on page 3.

Club Volunteers Thwart Thorny Issue And Support the Census

Read about how club members volunteer to help the community. Go to page 16.

Discover New and Favorite Local Cycling Destinations





CIBike is a nonprofit recreational organization that provides enjoyable and recreational bicycle riding and related activities in and around Ventura County.

2020 Club Officers/Volunteers

President.....Leslie Ogden
 Secretary.....Therese Satterfield
 Treasurer.....Patrick McDonald
 Programs.....Bill Faulkner
 Public Relations.....Margaret Mathews
 Rides.....Jim Dinges
 Grants.....Dan Mathews
 Membership.....Soheil Roshan-Zamir
 Government Liaisons.....Leslie Ogden, Kate Faulkner
 Director at Large.....Burt Elliot
 Web Content.....Soheil Roshan-Zamir
 Web Content.....Mike Stewart
 Website.....www.cibike.org

Chain Chatter Newsletter

Our newsletter, Chain Chatter, is distributed by email to members, unless requested otherwise. It is also posted on cibike.org under "members." Your letters, stories of cycling experiences (good and bad), news items, ride ideas, tech info, etc., are welcome! Please email information to: Margaret Mathews, Editor, at Margaretann2105@aol.com.

Renewal Notices

Please watch for your renewal notice; notices are emailed to members annually. Questions about membership may be directed to Soheil Roshan-Zamir.

Monthly Presentation Meetings

Due to our country's health crisis, club meetings and lecture series have been cancelled indefinitely. Please get current event info in the weekly club emails, on Facebook and on the website, www.cibike.org. Ride safely six feet apart and wear masks when necessary.

Cool Breeze Century

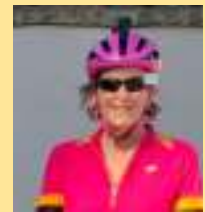
Our Cool Breeze Century ride is held the third weekend in August each year; however, the 2020 Cool Breeze has been postponed until August 21, 2021.

CIBike Mission

The Channel Islands Bicycle Club (CIBike) is an inclusive, non-profit organization that promotes bicycling for recreation, health, sport and transportation. CIBike is committed to increasing awareness, skills, and safety for cyclists through worthy programs, grants, and partnering with agencies that share our vision of fun and safe cycling.

President's Message

By Leslie Ogden
 2020 CIBike President



A year like no other. Mostly in all the wrong ways. Even so I hope we all have found unexpected pleasures and moments of reflection.

CIBike shows a lot of the same losses and joys as the wider world. We have had to give up a lot: group rides with both new folks and old friends, interesting programs with the wider community, away rides, cross country rides, rides in far-away lands, Spring Fling, Lure of the Grapes, Club Picnic, Holiday Party, Cool Breeze. A lot of really good things went away with COVID.

In return? Some have helped friends get into or back into cycling in small groups. Others have formed bubbles of a few riders with similar levels of risk tolerance. Some have explored new routes. Some have taken advantage of the new open streets in Ventura and Santa Barbara. Others have marveled at the number of new riders on "our" routes.

Your board has hunkered down to keep the club's house in order, financially and otherwise. We've done what we could to keep members in touch with one another and aware of the wider body. With the help of many of you, we've also turned more to advocacy in the hopes that when we come out of this, there will be more and safer options for the increasing number of cyclists born of the pandemic.

Please give thought to serving on the board next year. Club elections will be in November. We could use your inspiration and energy to come out of 2020 ready to fly together again.

Leslie

Breaking CIBike News

Here in the club newsroom our rabid reporters and electrifying editors are feverishly working to bring you the latest CIBike news hot off the press.



CIBike Group Rides on Hold

The CIBike Board of Directors is keeping close watch on COVID-19 health and safety considerations in determining when to bring back group rides. At this month's Board of Directors meeting, it was determined to hold off on sanctioned group rides at this time. However, some members have their own workarounds that follow the safe riding guidelines of small, trusted groups, social distancing, and observing other safety measures. Bring your own lunch from home and stop at one of the local cycling destinations described in this issue. If interested in tagging up with one or two other club members for a ride, contact Dan Mathews at danmathewsLA@aol.com.

CIBike Elections in November - All Members Welcome to Run for Directors

Club Board of Directors elections will be in November and all positions are open. Please consider running for a position on the Board and help maintain and direct club operations for the coming year. Join us on the Board! Put your name on the ballot by emailing Leslie at presidentcibike@gmail.com.

Traditionally these are the roles of our elected officers.

- President: Chief executive officer oversees and controls the affairs of the club.
- Secretary: Prepares and keeps minutes and policy decisions; takes the place of the president in her/his absence.
- Membership: Manages the club's the membership program including the database.
- Programs: Arranges three Fall and three Spring programs for the club.
- Rides: Develops and announces rides.
- Public Relations: Is the club's main contact with the media.
- Treasurer: Maintains the QuickBooks accounts and coordinates with CPA for tax filings.

In addition, the appointed position of Chain Chatter editor is available

CIBike Supports Protected Bike Lane

Kate reports that the City of Ventura City Council voted to make permanent the protected bike lane on Telegraph between Victoria and Kimball (extending similar protected lanes on Telegraph that run east from Kimball. During the process, Kate wrote letters of support from the club.

Yellow Pedal Power for Sale!

The new club jerseys have arrived! We have both men and women's CIBike jerseys with the new words on the back: Ventura County California. Be the first in your cycling group to own one of these snazzy designer garments allowing you to ride with distinguished elegance. We have a limited number of these fine fashions. You may also choose to purchase an older design jersey at a special \$10 discount price Contact Dan at danmathewsLA@aol.com.



Every first Saturday of the month is the national
Wear Your Club Jersey
On the First Saturday
of the Month.

UPDATE: Channel Islands Bicycle Club Fall Lecture Series

By Bill Faulkner, Programs Director

The Channel Islands Bicycle Club Fall lecture series has been postponed until further notice. This will happen when the County declares it is once again safe to conduct meetings and group rides. We will post updated information on our programs in the weekly emails to members and on the website. Normally our club meetings and presentation are held at the Museum of Ventura County.

Meanwhile...

Special Presentation: Cycling in the Era of COVID-19

Jim Dinges, our Director of Rides, has connected with a UCLA cardiologist and skilled cyclist, Timothy Canan, who agreed to share his timely presentation on "Cycling in the Era of COVID-19." Thanks, Timothy! And thanks, Jim for alerting us to the presentation.

Click here, go to "Videos" - <https://www.uclahealth.org/timothy-canan>

October

Program is postponed until further notice – Stay Tuned

More Info will be available in the weekly emails and on the website.

November

Club Elections for Board of Directions

Throw Your Hat in the Ring!

All positions are open for the CIBike Board of Directors.

See previous page for more info.

Program: Registered Dietitian Melissa Davidson will speak about "Nutrition for Endurance Athletes." She will talk about fueling up for the big event. What does the body need during and after a strenuous day? How much hydration will be needed? What are the pros and cons of supplements, such as caffeine? Additionally, Ms. Davidson will discuss the results of a health study of CIBike members. View the results of the study and learn how you can have special health benefits. Melissa Davidson is a registered dietitian at the CMHS Healthaware program (<http://www.cmhshealth.org/myhealth/healthaware/assessments/>). Additionally, Ms. Davidson is a Certified Specialist in Sports Dietetics, a group fitness instructor, and a personal trainer.

The November club presentation
is on HOLD. Elections
will be held electronically.

Hidden Gem Cycling Parks, Routes and Destinations

Enjoy refreshing remote starts, peaceful parks, and historical landmarks – some familiar, others on the roads less travelled.

Coronavirus Cycling

By Steve Light

As cyclists, used to group rides, and exploring familiar routes and locales, Coronavirus has meant finding new and different ways to enjoy our sport, while staying as safe as we can. For me, living in LA County has meant staying closer to home and exploring other riding opportunities.

No familiar rides from downtown Ventura, since the lockdowns were announced in March. Many of us are gathering in smaller groups, or are doing lots of solo rides. One of my favorite rides has been from my side of LA County, over Santa Susana Pass Road, with side trips to some interesting historical sites along the way.

Just over the hill into Simi Valley, the old Santa Susana Depot is a favorite spot of mine. It's a great place to take a break, find some shade, and, if you're lucky, catch a view of trains winding thru the pass. There is a park nearby, with rest rooms, and water available. Just west of the station, the Knolls, have lots of interesting houses along small winding roads. Corriganville is also nearby, where you can get a glimpse of false front movie set buildings, and movie vehicles in storage.

On the LA side, there are three Chatsworth Parks, some with hard packed dirt trails that can provide an easy diversion, as well as shade and water. The historic dynamite shack, built by the railroad in 1898, and the Hill-Palmer Homestead House, built in 1911, are to be found at the middle park, at the extreme west end of Devonshire.

I have also joined Mike Stewart on rides to new and different areas, one of the tougher ones being Agoura Hills, out thru Hidden Valley, over Potrero Road, with a snack stop at Los Robles Golf Course. Lots of climbing, but worth it, to see and explore roads less travelled.

On a hot day, Hueneme Lighthouse usually provides a cool breeze. Take a side trip through the Channel Islands Harbor for several excellent rest stops and amazing views.

In review – don't forget to pack your mask, lots of water, and maybe a snack, since, with "new rules" you can never be sure which facilities are open. Don't forget your mask either!

Steve



Santa Susana Depot



Hill-Palmer Homestead House



Hueneme Lighthouse

Hidden Gem Cycling Parks, Routes and Destinations



A Flat and Fun 100-Miler for Everyone Who Always Wanted to Conquer a Century Ride

With the bonus of hidden gem rest stops

By Dan Mathews

Finally! A fun and flat ride for those who are ready to complete a century ride! I decided to scope out a flat route that many of our riders might be able to do after a few up-front training runs. My Fun and Flat Century features no big hills, beautiful scenery and plenty of nice rest stops with clean bathrooms and shaded benches. Some club members have mentioned they would like to try a Century but are wary of too many hills. My fun and flat Century has ALMOST NO HILLS (except for Rincon Hill). We are starting to plan this Century ride for a few riders (in order to maintain COVID-19 safety practices) for the Fall season, along with a few preliminary practice runs. Contact Dan if you are interested in trying this flat century.

The Route: While borrowing a few turns from the Cool Breeze, we started by Matt's Cycling Center in heading north to Carpinteria, on to Santa Barbara and then Goleta. Once reaching Cathedral Oaks Blvd at the other side of Goleta, we turned back heading towards the University of California Santa Barbara. Crossing the campus puts one near the Goleta Beach State Park and the beginning of the Obern Bike Trail. This route then heads back down to Modoc St, into Santa Barbara to Mission, left on Mission to State St and down to the beach. We found this route very flat and easy to follow with plenty of rest stops.

Dan's Fun and Flat Hundred Miler

ROUTE SLIP

Start in Ventura, ride to Carpinteria (Carp)

Carp to Santa Barbara

- State Street to Mission

- left on Mission to Modoc

- right on Modoc to Hollister, now in Goleta

- left on Hollister and stop and **the Jonny D. Wallis park** on Hollister and Kellog – very nice.

- Continue west through Goleta to Cathedral Oaks

- right on Cathedral Oaks, crossing the 101 freeway to N. Los Carneros Rd

- right on N. Los Carneros Rd (or right on Glen Annie and left on Hollister)

- left on El Collegio Rd, ride through the UC Santa Barbara campus on bike path.

- restrooms and other facilities available. As of September 2020, there is a substantially reduced staff and student body because of COVID-19. Come out of the campus on the East side on the Lagoon Rd. bike path and into **Goleta State Beach** park and enter the beginning of the **Obern Trail**. Facilities available in the park.

- take the Obern Trail all the way to Modoc St. and turn right.

- proceed towards Santa Barbara to Mission St. There is a bicycle / pedestrian bridge that crosses the 101 freeway and railroad tracks coming out in old Santa Barbara at the **Oak Park** just SW of the Cottage Hospital Headquarters on W. Junipero St. After Oak Park rest stop which has adequate facilities, take side streets towards Mission.

- left on Mission to State St and turn right.

- State St. to E. Cabrillo Blvd, turn left heading back towards Carpinteria then Ventura

Hidden Gem Cycling Parks, Routes and Destinations

GOING NORTH on Dan's Fun and Flat Hundred Miler,
check out these hidden gem stops.

Carpinteria State Beach; restrooms, benches,
ice cream truck, nearby eateries and shops



Like **Jacaranda** trees? Find them in **Carpinteria**.



Oak Park, 800 W. Junipero St, Santa Barbara



Goleta Beach Park –
nice rest stop before entering Obern Trail



Goleta Beach Café, located at
Goleta Beach Park



Obern Trail



UC Santa Barbara – scenic trails throughout



UC Santa Barbara – little traffic, great trails

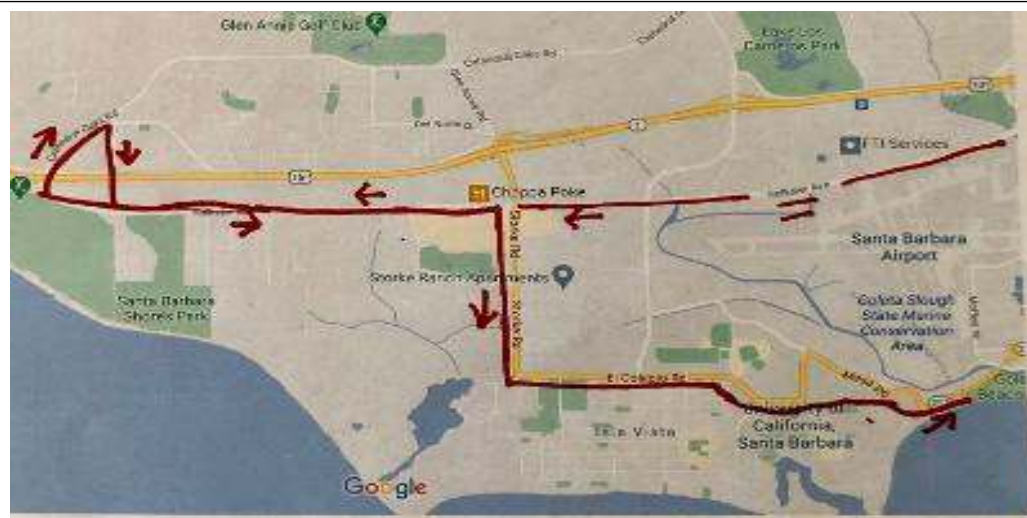


Hidden Gem Cycling Parks, Routes and Destination

Route Maps for Dan's Fun and Flat Hundred Miler

**Map 1**

- State St to NW to Mission
- left on Mission to Modoc Rd
- Right on Modoc Rd to Hollister
- Left on Hollister

**Map 2**

- Hollister to Cathedral Oaks Blvd then Turn Right
- Turn right on Glen Annie
- Left on Hollister then right on Los Carneros or from Cathedral Oaks
- Turn right on N. Los Carneros Rd
- Left on El Colegio Ride thru UCSB

**Map 3**

- On east side of UCSB join the Obern Trail back to Modoc St.
- Turn right toward Mission

Have Fun!

Hidden Gem Cycling Parks, Routes and Destination

Hidden Gem: Biking Harmon Canyon

By Theresa and John Darling

You may have lived your entire life in the city of Ventura and not know the location of Harmon Canyon Road. You may have even ridden past it many times and still not know that it exists. That is because, though you can see its location on Google Maps, there is no road sign where it meets Foothill Road a hundred feet or so off of Kimball Road. Harmon Canyon Road is a dirt road that for most its life was a working farm road, which served the ranches that used to line it. Though the cattle pens and ranches are long gone the road remains but now it is a recreational trail maintained by the Ventura Land Trust (VLT) who owns approximately 4 square miles of Harmon Canyon.

VLT has recently opened the property to the public so you can hike, bike, or run on the property from dawn to dusk.

The road starts just above Foothill Road and runs for about 2.2 miles up to a small hill where it splits off in two directions. The first part of the road is easily walked, biked, or run since the grades are only moderately difficult. The trail that splits off to the right is much steeper and should be assessed by beginners before starting up the steep climb which you can see from the bottom of that road. The difficulty level of the trail that splits off to the left is somewhere between these two. It can get rather hot as you go back into the canyon, so make sure you have enough water to stay hydrated.



If you ride the trail, you are required to have a bike bell so you can warn hikers and runners of your presence. The posted speed limit is 15 MPH and can easily be exceeded on some of the downslopes so stay on your brakes. Harmon Canyon is a privately owned land tract and VLT could restrict its use to eliminate biking if these rules are not followed and no one wants that to happen!

Camarillo Grove Park, 5958 E. Camarillo Springs Rd, Camarillo

A great adventure by bike using Google or Apple maps, this park is often overlooked as a cycling destination. Camarillo Grove offers good facilities, trails and other amenities but be careful – the trails are not paved.



Hidden Gem Cycling Parks, Routes and Destinations

Channel Islands Harbor – on the Pacific Coast Bike Route

excellent rest stops, bike racks, coffee shops, food market featuring sandwiches, coffee, ice cream treats

Oxnard is on the Adventure Cycling Pacific Coast Bike Route that originates in Vancouver, British Columbia and runs to Imperial Beach near the Mexican Border. Oxnard is the home of the Channel Islands Harbor located directly on the Pacific Coast Bike Route and offers a pleasantly surprising array of sights and stops for cyclists en route north or south. The trail follows Harbor Blvd past Oxnard State Beach – a good rest stop with ocean views, restrooms, and benches. Continue south on Harbor Blvd. and just across the Channel Islands Bridge is the Fire House which offers a bicycle repair station. A second repair station is located at the Port Hueneme fire station just off Ventura Road.



Oxnard State Beach Park
A 62-acre park located on Harbor Blvd on the Pacific Coast Bike Route

Channel Islands Harbor is a hidden gem for cyclists traveling along the Pacific Coast Bike Trail.

Veering west off Harbor Blvd, the first stop might be the Harbor Mart. The friendly staff offers burgers, sandwiches, beverages, ice cream treats and more. Bike racks are out front and rest rooms are nearby.

Cycling further down Harbor Blvd is the Marine Emporium Landing. There you will find a coffee shop, restaurants, restrooms, and benches overlooking the main channel. Continue south where the road ends at the entrance to the main channel – rest a spell and watch the boats go by.



Harbor Mart

2810 Harbor Blvd, Channel Islands Harbor
One block off Pacific Coast Trail
Bike racks, food, hot coffee, cool beverages, ice cream, frozen yogurt treats, friendly staff, cycle friendly



Marine Emporium Landing

3550 Harbor Blvd
Coffee Shop, restaurant, bike racks, benches overlooking main channel,

Hidden Gem Cycling Parks, Routes and Destinations

Mountain Biking at Montana De Oro State Park

By Danny Mathews



Always looking for a new adventure, I spent my birthday mountain biking along the spectacular coastal cliffs of Montana de Oro State Park located a few miles outside of Morro Bay. This was a fun and fascinating change of scenery from the usual trails in Ventura County.

I rode along Hazard Peak Trail with views of rugged cliffs, sandy beaches, coastal plains, canyon, and hills - lots of diverse scenery to enjoy in just one day of biking. The park's name, "Mountain of Gold," comes from the golden wildflowers that bloom in spring. While not too many wild flowers were visible at this time, there was plenty of other natural elements to observe.



Riding near the rocky cliffs offered a view of the unusual landscape that was produced from millions of years of volcanic activity, plate intrusions and erosion.

While it was a great adventure, it was still necessary to observe the rules and regulations for riding during COVID, not only in this park, but on any bike journey. Masks and distance-maintaining were observed by myself and the other riders and hikers along the trails.

*Photos by
Sarah and Danny*



Hidden Gem Cycling Parks, Routes and Destinations

Familiar but Favorite Routes

Lake Casitas Loop

Distance: 40 Miles or 65 km

Difficulty: Difficult

Road riders love the Lake Casitas loop. From the beach, head up Highway 150 toward Ojai. This is a rigorous climb toward the top with panoramic views of the lake. Then, swoop down toward Ojai, meeting up with the Ojai bike trail that returns the rider back to Ventura - all downhill. Round trip from Ventura is about 40 miles with lots of climbing.



The Ojai Valley Trail

Distance: 15 miles or 25 km

Difficulty: Moderate

Start at the Museum parking lot or at the Ventura Bike Depot. The Ojai Valley Trail heads up Ventura Avenue to weave alongside the shady Ventura River, all the way to the picturesque town of Ojai. It's 15 miles one-way (you don't have to go that far), and there are stunning views of the Los Padres Mountains for most of the ride. It's a gradual climb heading up toward Ojai and so, yes, a long downhill if you decide to ride back to Ventura.

Sulphur Mountain Trail

Distance: 15 miles or 25 km

Difficulty: Moderate to Difficult

You could bike here from Ventura, but you might want to save your legs and drive to the trailhead at the end of Sulphur Mountain Road off Highway 33. It's strictly an off-road ride. Mountain bikers love the climbing and the stunning pastoral views of the panoramic Ojai Valley. You can do anything you like with this trail; climb until you tire and then fly back down, or ride all the way until the dirt ends (15 miles) at Highway 150 (maybe have someone pick you up here). Added plus, it's an easy to navigate fire road, so you don't need a lot of bike handling skills. But it IS a lot of climbing, so you'll need some lungs and legs.

Simi Valley

The **Arroyo Simi Bike Path** is a two lane bike path in Simi Valley that runs from Madera Road, just south of Easy Street on the west, ending at Cochran Avenue between Fig Street and Ralston Street on the east. Roughly 6 to 7 miles.

Hidden Gem Cycling Parks, Routes and Destination

Visit These Refreshing Parks on Your Cycling Expeditions

Compiled by Dan Mathews

Goleta Area

Jonny D. Wallis Neighborhood Park,
170 S. Kellogg Ave

This new park is located just north of Hollister. It's a nice clean park upgraded facilities - picnic tables, shade, water, good restrooms. Good stop for those heading west on Hollister and beyond. A convenience store is located to the south side of Hollister at Kellogg.



Santa Barbara Airport and UC Santa Barbara

This is a surprising stop for cyclists. The Coffee Bean and Tea Leaf is inside the new terminal building and welcomes cyclists. Modern facilities, water, shade, with the bonus of watching airplane traffic from the outdoor viewing area with no security check point. From there, one can travel west to the Obern Bike Trail and head back to Santa Barbara.

A ride through UCSB campus is a nice little side trip - scenic and not much traffic. Because of COVID-19, the campus has been essentially closed. Thus, it makes for great cycling with bike paths crisscrossing through the entire campus and along the coast. It is interesting to see the different architectures and laboratories.

UCSB is a good destination for a remote start adventure. There are few people on the campus now with plenty of parking in the various UCSB parking structures. You might find some open bathrooms on campus; there are public restrooms on the beach adjacent to the university.



Goleta Beach Park,

5986 Sandpit Rd, Goleta

Located just SE of UCSB, this park is at the beginning of the Obern Trail. Before heading back to SB on the trail, stop at the Beachside Cafe for burgers and beer.

Beachside Café, 5905 Sandpit Rd,
Goleta. This restaurant is on the beach with ample bike parking on the patio. Dining is available on patio or carry out to a nearby bench.



Hidden Gem Cycling Parks, Routes and Destinations

Visit These Refreshing Parks on Your Cycling Expeditions - *continued*

Ojai Area

Libbey Park, 210 S. Signal St

Located in downtown Ojai, this is a great destination for those who ride the Ojai Bike Trail starting from Ventura or Foster Park. The park offers clean rest rooms, benches in the shade, walking trails, and is close to the many restaurants and shops in downtown Ojai.



Soule Park, 1033 E. Ojai Ave

Just off Highway 150 above Ojai but below the Dennison grade, this is a 223-acre park with good and plenty of shade from massive oak trees. The park is about 18 miles from Santa Paula and about three miles from Ojai. Because of plentiful parking spaces, this would be a great remote start for those heading toward Santa Paula across the Dennison Grade. There is a \$2 weekday parking fee, and \$5 weekend fee.



There are a number of fun and interesting eateries in the Ojai including Pappa Lennon's at 515 W. El Roblar. This is a popular stop for those doing the Rose Valley ride up Highway 33. Consider a ride up the Ojai Bike Trail to Highway 33 and head west to El Roblar.

Montecito – Santa Barbara Area

Torro Canyon Park, 576 Foothill Rd. Santa Barbara

Off Toro Canyon Rd, this park is out of the way and remote but is a hidden gem worth the ride. This 74-acre park is well wooded and features picnic tables, rest rooms, bike trails. If trees, scenery and wildlife are your interests, this is a park you should visit.



Cool Breeze participants are familiar with Manning Park in Montecito and Grove in Santa Barbara. Both good stops for cycling through Santa Barbara County. When in the area, try the lovely Montecito Village Grocery, 1482 E. Valley Rd. You might catch glimpse of the Royals!

Oak Park, 800 W. Junipero St, S.B.

This park is in an older part of S.B. but directly next to Highway 101 and train track. Good stop for those riding to the Mission.



Hidden Gem Cycling Parks, Routes and Destinations

Visit These Refreshing Parks on Your Cycling Expeditions - *continue*

Santa Paula

Steckel Park, 8080 Mistletoe Rd,

A large wooded park with camping, picnic area, good facilities and close to highway 150 north of Santa Paula on the way to Dennison Grade. This is a great stop for a breather before the long climb up the grade from the Santa Paula side. Also, it is a good site or a good remote launch. There is a small parking fee for day use. In addition, this park is a popular location for bird watchers, with a large aviary in the park that houses a variety of common birds and peafowl.



Carpinteria

This lovely seaside town needs no introduction as it is becoming more popular with cyclists and tourists. Previously a hidden gem, Carpinteria is now a popular stop for cyclists traveling north and south. The Carpinteria State Beach - often overlooked – offers restrooms, benches, ocean views, and is close to the downtown shops and restaurants. It's always fun to watch the trains go by! **El Carro Park**, 5300 El Carro Lane Plenty of space to organize a remote ride, offers parking, shade.

Reynaldo's, mid-town on Linden Ave, outside dining, great pastries and lunch menu

Giovanni's Pizza, 5003 Carpinteria Ave – caters to cyclists with bike racks, parking, outside dining under shade umbrellas. Great place to people watch while resting.

And Finally - Thanks to the multitudes of Chain Chatter readers who have sent in their favorite and secret riding spots: These gems certainly deserve further inspection – check them out!



Camarillo area: Mel Vincent Park, Mission Oaks Park, Bob Killeen Park, Hill Canyon Trailhead, Freedom Park at the Camarillo airport

Westlake Village area: Triunfo Community Park,

Moorpark area: Coffee Bean take out, Los Robles; Tierra Rejada Park

Thousand Oaks area: Sapwi Trails Community Park

Newbury Park Stagecoach Inn Park on Lynn Road

CIBike Volunteers Tackle Thorny Problems

HUGE thanks to the awesome Goat Head Terminator crew who spent a very hot April day digging, pulling, and gingerly removing the pesky goat heads along the Santa Ana Road. Goat heads are sometimes called puncturevines which is an appropriate nomenclature for thorny weeds that can easily puncture a bicycle tire not to mention fingers. Despite the heat danger of spikey finger picks, this intrepid group of club members soldiered on and removed what seemed like tons of goat heads for the benefit of all cyclists. Their work was rewarded with a relaxing taco lunch.



Bill Bikes for the Census

Programs Director Bill has been volunteering his time to register residents who have not yet filled out their 2020 census. After two days of doing the job with a car, he decided to give the bike a try to see if it would be more efficient. The bike worked out great and allowed Bill to move quickly between addresses. He didn't have to fight traffic, search for a parking spot, or deal with an overheated car interior. Additionally, Bill found that the bike is an icebreaker with some people. Bill has been enumerating Ventura, Oxnard, and Port Hueneme by bike. Every morning he receives his "cases" on a digital map on a specially programmed Census I-phone. The map allows Bill to plan a route to visit all of his cases. On a typical day he bikes between 20 and 35 miles. He is one of the top Census "producers" in this area.



Memorial Trees and Plaques The Beadsley Forest

By Theresa Satterfield

I think I can positively say that most, if not all, CIBike members have ridden from Ventura to Foster Park. However, I wonder if many members have stopped before crossing Casitas Vista Park to look at the row of trees and plaques on the right hand side. It is possible due to your riding speed, chatting with a riding companion or because the plaques are overshadowed by weeds that you missed the trees and plaques. If so, I'd like to tell you a bit about the trees and plaques, aka memorial trees or Beadsley Forest.



Approximately 20 years ago club member Ralph Beadsley started planting a tree in honor of deceased club members and/or cycling residents. Ralph took the initiative and organized the planting of trees. Over the years he had help from guys like Tom Stark, Mike Gold and Tatsuo "Tats" Endo and others whose names I don't know. In recent years Ralph has been maintaining the trees himself with the assistance of his son and grandson. Weekly the three of them drive over from East Ventura with a pickup truck and big jugs of water and water each tree. It takes time, dedication and physical energy.

The Thomas Fire damaged several trees and Ralph and crew have been working hard to bring them back to life. The land around trees is in need of weeding and cleaning. Ralph has not been able to do that. Consequently, the area looks overgrown and the trees and their plaques do not stand out. The plaques (see pictures) have all been engraved with the name of the rider and birth and death information. The plaques are installed in cement and put in the ground. All of this has been done at the expense and time of Ralph Beadsley. He told me he likes doing it!!!! What a guy!



How you can help carry on the tradition

It would be truly wonderful to show our appreciation for his years of work if a cleaning committee could be formed and a date set to spend a few hours sprucing the Beadsley Forest up a bit. Please contact me if you would like to help in this endeavor. I'll make sure not to pick a hot day for this activity. Please let me know if you are interested, Therasasatt@charter.net.

Theresa

We've All Been There - Show Your Appreciation At the Rincon Fire Station

By Patrick McDonald

For most Channel Islands Bicycle Club members, a ride up the coast usually includes a stop at the Rincon Fire Station just past the Sea Cliff Drive off ramp on Pacific Coast Highway 1. North bound club rides almost always stop there to re-group, take on water, have a chat with other riders, and most importantly – utilize one of the cleanest restrooms available to the public on our ride routes. In addition, there is a water fountain, picnic table and bicycle repair station with hand tool and air pump.

The fire crews at this station have been the first responders to several bicycle accidents involving a club member in recent years, and their quick action has made a positive difference in the outcome. If you are ever present at such a situation, with a fellow rider down, when the paramedics arrive and take over, it is a tremendous relief for all present.



One-way members can show their appreciation

for all the that the fire fighters at the Rincon Station do for us is to take part in a fund raiser. They have selling really cool T shirts, tank tops, and hoodies with their distinctive and colorful station logo silk screened on the back. The shirts are of excellent quality for personal wear and they make terrific presents, especially for friends far from here and seeking that California coastal vibe.

I recently visited the station office and met with Engineer Katy Pallotto and Fire Fighter Justin Simondle (see photo). They explained to me that the proceeds from the sales of the shirts are used for various causes such as first responders' respite through station barbecues, and commemoration and support gifts for station members. Shirts can be purchased by visiting the station office during the day, providing they are not out fighting a fire or handling some other emergency.

The prices are: T-shirts \$15, tank tops \$15, long sleeve T-shirts \$20 and hoodies \$30. All the shirts come in various sizes with a good supply on hand, and they can order more if required. Check them out, I think you'll like them.

Patrick

CIBike Calendar

September, October, November – Fall Meeting and Lecture Series
at the Museum of Ventura County. POSTPONED

November Club Elections – Interested in running for a
Director position? Read more on page 3.
Send your intention to Leslie at presidentcibike@gmail.com.
As always, keep up to date with the weekly club emails
and on the website, cibike.org.

In addition to club officer positions, the editorship of this
[fine newsletter](#) can be yours! The Chain Chatter is
published quarterly and content and format are determined
by the editor. Besides publishing deadline – there are
no rules! If needed, the current editor, Margaret, will help
her successor get started.



**Club Elections
in November**

October Lure of the (Grapes) Beach - CANCELLED

Club members have always welcomed this great autumn weekender which in the
past was held in Buellton/Solvang. Looking for something different including new
bike routes, this year the October event was planned for Oceanside. Sadly, the
Coronavirus forced us to CANCEL the event. Watch for more info in the weekly emails.

December – Club Holiday Party - CANCELLED.



2001 Lighthouse Century



All Club Ride and Foster Park Rest Fest 2016