



2022: A Year of CIBike Partnerships and Fellowship



2023 CIBike Board of Directors, left to right: Chad Kominek, Director at Large; Dan Mathews, Rides; Val Gordon, Grants; Mirta Millares, Programs; Soheil Roshan-Zamir, Membership; Diane Stein, President; Kate Faulkner, Past President; Linda Bott, Treasurer.
Missing from the photo: Leslie Ogden, Secretary; Jenny Owen, Public Relations.

A round of applause, please, for the incoming CIBike Board of Directors who were introduced at the December 11 holiday party. At the same event the outgoing board was recognized and thanked for keeping the club's wheels spinning during 2022. Read more about the new board and club updates in the following pages.

<i>Index of Good Reading</i>	
BOD Intro	3
2023 Programs	7
Rides Update	8
2022 Grants	9

2022 CIBike Board of Directors



Left to right: Dana Werner, Secretary; Dan Mathews, Rides; Margaret Mathews, Grants; Kate Faulkner, President; Ron Dow, Membership; Mirta Millares, Programs; Bill Faulkner, Public Relations; Chad Kominek, Director at Large. Missing from the photo: Jenny Owen, Treasurer; Leslie Ogden, Past President.



CIBike is a nonprofit recreational organization that provides enjoyable and recreational bicycle riding and related activities in and around Ventura County.

2022 Club Officers/Volunteers

President.....	Kate Faulkner
Secretary.....	Dana Werner
Treasurer	Jenny Owen
Programs	Mirta Millares
Public Relations	Bill Faulkner
Rides.....	Dan Mathews
Grants	Margaret Mathews
Membership	Ron Dow
Past President.....	Leslie Ogden
Government Liaisons.....	Leslie Ogden, Kate Faulkner
Director at Large.....	Chad Kominek
Web Content.....	Soheil Roshan-Zamir
Year Rounder Program	Sonia Sandomer
Newsletter Editor.....	Margaret Mathews
Website	www.cibike.org

Chain Chatter Newsletter

Our newsletter, Chain Chatter, is distributed by email to members, unless requested otherwise. It is also posted on cibike.org under "members." Your letters, stories of cycling experiences, news items, ride ideas, tech info, etc., are welcome! Please email information to: Margaret Mathews, Editor, at Margaretann2105@aol.com.

Renewal Notices

Renewal notice; notices are emailed to members annually. After January 1, 2023, questions about membership may be directed to Soheil Roshan-Zamir.

CIBike Presentation Meetings

News about the club's quarterly meetings will be posted in club emails, Chain Chatter, Facebook and on www.cibike.org.

Cool Breeze Century

The 2022 Cool Breeze Century was held on August 20, 2022. It is held every third week in August. Watch for info on the 2023 Cool Breeze.

CIBike Mission

The Channel Islands Bicycle Club (CIBike) is an inclusive, non-profit organization that promotes bicycling for recreation, health, sport and transportation. CIBike is committed to increasing awareness, skills, and safety for cyclists through worthy programs, grants, and partnering with agencies that share our vision of fun and safe cycling.

Photographic Journey of CIBike Main Events of 2022



CIBike Directors present grant check to BikeVentura Oxnard HUB.



February 19, 2022
Inaugural Century Ride



Continued on page 10

Meet Your 2023 Board of Directors



Diane Stein, President



I have been a member of CIBC for 12 years. Jeff and I moved from Ohio to Oxnard in 2009 to help care for his aging parents. As empty nesters moving to a new community, my sister introduced us to the world of cycling. Neither my sister nor husband still ride, but I am passionate about the sport.

I try to ride 2-3 times a week and actively participate with most club activities. I've taken part in many biking tours and ridden a lot of organized events. I even rode one 200k a month for a year with the PCH Randonneurs.

I've made so many lifetime friends through cycling. During our rides we seem to laugh, cry, debate, solve our world problems and share so many experiences together. I look forward to more years on the bike and seeing all my biking buddies on the road often. ***Diane***

Leslie Ogden, Secretary



CIBike is a group that I am proud to be a member of. I joined in 2002 when I bought my first bike since the 60's. Here I've enjoyed quality people, high ideals and lots and lots of fun! In 2020 I hope to continue the lofty path set for us by last year's board. I invite you to join me and our new board in even more community involvement, good social times and as I noted - lots of fun!

Jenny Owens, Public Relations



I live in Ojai with my husband Rod, of 33 years. We have two adult kids. Elena lives in San Diego and Rodney lives with his wife in Fort Lauderdale, Florida. I started riding my bike more in 2017 as I was preparing for a backpacking trip on the PCT. While training, I hurt my foot – the doctor told me to take up biking and swimming instead of walking. After riding alone for about a year, I looked for biking buddies and found CIBike! Saturday is my riding day. I am now looking forward to retirement when I will be able to ride during the week.

Val Gordon, Grants Director

Hello! I am thrilled to be riding with CIBike and to become a Board Member! I grew up in Santa Barbara, so moving to the Ventura area is kind of like coming home. I've been riding for about 7 years now. I used to love climbing rides, but as time goes by, I find the flatter routes easier to recover from.

Age??!!!! I am grateful to have cycling as a hobby, and to live in an area that is so gorgeous!! My husband, Darryl, is an avid golfer, so I have time to ride! Our son and daughter-in-law live in Washington, D.C., too far, but a fun place to visit. I look forward to working with grant requests, it is a neat way to be involved with the community.

**Linda Bott, Treasurer**

My husband Larry and I have been bike club members for over 20 years. I am new to the board this year but I have held various positions in the past. Our lives have changed over the years but biking has remained a constant.

I hope to see a lot of you on the road.

Linda

(Editor's note: Linda has had significant roles in the Cool Breeze events and is also a former Chain Chatter editor.)



This photo was taken during Linda's 100 Double Century. Also shown are Linda's husband, Larry (left), and her son Jon on the right.

Mirta Millares, Programs Director

I joined CIBike about 6 years ago after taking an early retirement and moving to the Ojai Valley with my wife Cheryl. It was a wonderful learning experience serving as Director of Programs this past year alongside a great group of dedicated CIBike members and experienced Board members. I thank the membership and the Board for the opportunity to continue on the Board in 2023 as the Director of Programs. I hope to bring some interesting Programs and look forward to seeing all of you at our club meetings and out on our rides!

**Soheil Roshan-Zamir,
Membership Director**

Soheil is a long-time member of CIBike and has served on the Board in several capacities including Membership Director. He also manages the club's website.

Dan Mathews, Rides Director

This is Dan's second year as Rides Director. Dan invites all members to ride and to volunteer as a ride leader. Dan's Saturday ride offers a no-drop feature with the rides often being 62 miles or longer allowing members to qualify for the Year Rounder Program. We plan to add new routes and destinations during 2023 with an occasional remote start. Dan has been a club member for over 15 years and has served as the club President as well as several other board positions.

**Chad Kominek, Director at Large**

My wife Darcy and I live in Camarillo, where I own a small business. My cycling began in my 20's when I challenged myself with long solo road rides, including some crazy solo rides like to Las Vegas, Palm Springs, Big Bear, etc. After some years distracted by other sports, I took up Saturday mountain biking. Now that I deal with permanent atrial fibrillation, and I'm finding road biking to be a favorite activity again. I've really enjoyed the bike club camaraderie and friendships.

*2023 Board of Directors continued***Kate Faulkner, Past President**

In her many years as a CIBike member, Kate has been a member of the Board of Directors in practically every capacity including leading the club as president in 2022. In addition to her many duties as president, Kate has been involved in numerous bike path clean-up projects, BikeVentura events, advocacy efforts, and is a member of the Active Transportation Committee.

The Channel Islands Bicycle Club's World Famous Chain Chatter has big plans for 2023 and you can be part of the hoopla!

Margaret Mathews, Editor

The Chain Chatter is published quarterly and features all kinds of good stuff from club members and readers like you. Each issue features a different theme with corresponding articles. Members are welcome to send their cycling stories and photos about vacations, adventures, achievements, and even recovery tips on how to get back riding after an injury.

The Spring edition is published at the end of March and features the *Annual Rides Extravaganza*. Send your best stories about your cycling vacations, new and exciting routes, challenging accomplishments, bike problems and solutions, funny stories – anything cycling! Perhaps you might have a few good quality photos to share. We already have some amazing stories for this edition including Paula's group bike adventure in Croatia and some incredible feats of biking skills and endurance.

The Summer edition is published at the end of June. This edition features fun summer activities preferably pertaining to cycling but also could include experiences in other forms of transportation such as sailing.

The Fall newsletter, published at the end of September, will include all sorts of articles about our club's many activities including volunteer work, programs, and events.

The Winter Chain Chatter comes out at the end of the year with an introduction of the next year's board of directors and a review of the year's events and accomplishments.

Unleash your inner journalist and send your stories to:
Margaretann2105@aol.com

Happy and safe riding in 2023, Editor Margaret



Channel Islands Bicycle Club Programs and Speaker Series for 2023

By Mirta Millares, Programs Director

A New Venue for 2023

2022 was the club's fifth year of holding its member and community meetings at the Museum of Ventura County. It has been an excellent venue and we thank the Museum for our past collaboration. We are excited to announce we will be moving to a new venue, Patagonia Ventura, 235 W Santa Clara Street, in 2023. Special thanks to Bill Faulkner for establishing our relationship with Patagonia.

New Partnerships

In 2022, the club applied for and was designated a "1% For the Planet" partner. Patagonia, a 1% For the Planet organization, will be providing this venue to our club free of charge. We are excited about this new partnership and look forward to holding our speaker series in their large showroom.



In addition, we have a new partnership with Topa Topa Brewing. We are happy to partner with this local brewery; they will be donating beer for upcoming events.

Spring and Fall Speaker Programs

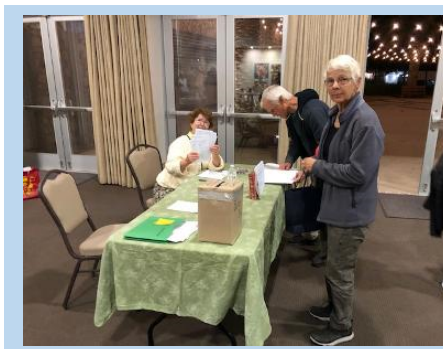
We have three programs slated for Spring and three for the Fall and encourage all to attend. These events offer not only interesting presentations but also the opportunity to visit with fellow cyclists and friends in a casual, fun setting.

The program dates are as follows:

Spring Series: March 15, April 19, May 17

Fall Series: September 20, October 18, November 15

Watch for more details on upcoming programs on our website. Our meetings are free and open to the public and frequently have fun no-cost raffles, so bring friends and family.



Bill entertains the crowds with free, fun raffles.

2022 - A Year Filled with Fun Rides, Cycling Challenges, New Friends with More to Come in 2023

By Dan Mathews, Rides Director

New Rides, New Challenges

This past year has been an exciting one for club riders. One of my goals has been to provide a wider variety of routes and distances to appeal to a broader range of cyclists. To this end, in 2022 and with Bill and Kate's help, we added several new rides to the Ride Calendar including the Scenic Montecito Picnic Ride, The Climber's Loop and other rides in this popular Montecito area. We are also planning Santa Monica Mountains and Malibu rides as soon as work on the PCH is completed near Sycamore Canyon.

Year Rounder Program

One can qualify for the Year Rounder Program with the traditional 62 mile per month metric century rides or the four American Century rides. Thanks to Sonia who manages the year Rounder Program.

Addition of American Century to the Year Rounder Program

We have scheduled four American Century 100-mile rides as part of the Year Rounder Program. We have planned a flat route for February 18, a hilly version for May 13, the Cool Breeze Staff Ride on August 12, and a new route is in works for November 18. Details will be posted on the Ride Calendar.

In addition, my plan is to include at least two metric century rides each month on Saturday allowing options for members to stay current with the basic Year Rounder Program. Please send me your ideas for new routes and destinations.

Be part of the team – be a ride leader

We have some awesome ride leaders to include Carol, Soheil, Eric, Fahmy, Mike, Burt, Bill, Peter and Dave. Leaders do just that – lead the way and make sure everyone stays together and regroups at prearranged stops. I am recruiting more leaders either as regular, alternates, or fill-ins. This is an excellent opportunity to meet new people and provide an important service for the club. Join as a leader – contact me for more info. DanMathewsLA@aol.com



CIBike's Inaugural 100 Miler Year Rounder Ride, February 19, 2022:
Leslie Ogden, Jim White, Carol Mazie, CJ Polacek, Bill Faulkner, Tim Turpin,
John Bayne, Eric Zeko, Burt Elliot, Val Gordon, Dan Mathews

CIBike Grants Awarded in 2022

By Margaret Mathews, Grants Director

The Channel Islands Bicycle Club is an IRS 501 C(4) organization. This allows us to raise funds through the Cool Breeze and award grants to other non-profits that share our mission. Grants are meant to improve the biking community in and around Ventura County and are provided to:

- Promote Cycling
- Encourage Youth Cycling
- Support cycling with other programs
- Encourage ridership growth
- Promote Safe Cycling

Our club grant funds come primarily from the proceeds of the Cool Breeze Century ride in August each year. This year two grant requests were received and awarded - to BikeVentura and an Eagle Scout candidate for his project. In addition, the club supported four cycling advocacy organizations. We look forward to a successful grant program again in 2023.

Chad Agruso, Eagle Scout, Simi Valley Troop 633

CIBike awarded \$600 to Chad, an eagle Scout candidate, for his project. Chad and his troop designed and built a bicycle repair station installed at the Arroyo Simi Valley Park. Chad is shown in the photo at right, demonstrating his bicycle repair station.

BikeVentura Oxnard HUB

CIBike awarded BikeVentura \$5,000 to help launch the Oxnard Bike HUB. The goal was to open a second HUB under the umbrella of BikeVentura. The Oxnard HUB is the only bike shop in Oxnard and serves the community with activities similar to the Ventura HUB including bike safety programs. It should be emphasized that this grant was made possible with the successful Cool Breeze 2021.



In February, CIBike board members awarded the grant check to the staff at the Oxnard Bike HUB.

In addition to these two grants, the club supported the following advocacy organizations.

Rail to Trails
CA Bicycle Coalition
League of American Cyclists
Adventure Cycling

These are the organizations that directly benefit from the Cool Breeze success. Help make the 2023 Cool Breeze a success – be a volunteer!

*2022 Photo Gallery: CIBike continues its tradition
of maintaining old friendships, welcoming new friends, volunteering,
and supporting local cycling organizations.*



2022 Photo Gallery Continued



2022 Photo Gallery continued



Making memories – everyone has a cycling story - what's yours?!

Send your stories and photos for the Chain Chatter

Spring edition featuring the Annual Rides Extravaganza

margaretann2105@aol.com

Start the New Year with a new resolution – to wear your club jersey on the first Saturday of every month. This tradition was started by Mike Gold, long-time club member and friend to all.

