



CHANNEL ISLANDS BICYCLE CLUB CHAIN CHATTER



Meet your newly-elected 2018 Board of Directors, left to right
Soheil Roshan-Zamir, Leslie Ogden, Bob Burrow, Bill Faulkner, Sonia Sandomer,
Kate Faulkner, Dan Mathews, Margaret Mathews. Not available for photo - Barry Cole.

CIbike Year in Review – Doing Good Work Together in 2017 And Planning for Another Adventurous Year

In November, Cibike members elected their new Board of Directors

and at the December 10 Holiday party, they were introduced. In this issue – the last of the year – we look back at some of the achievements our directors and amazing volunteers have accomplished during 2017. In addition to weekly fun and adventurous rides, we conducted the successful Cool Breeze – a major source of our income as explained by Kate in her first President's Message on page 2. We created a new info brochure, continued our programs of bike safety instruction and advocacy, partnered with community organizations to promote important bicycle issues, and awarded grants to other non-profits that share the club's mission of safe and fun cycling for everyone, and continued fun weekly rides. ***Some of our newly-elected directors and our president have shared their thoughts*** about accomplishments for 2017, some personal tidbits, and what their plans are for 2018. The directors and volunteers are working for you! Join us in the many activities, rides, the monthly meetings, committees, participate in volunteer opportunities. For the new year send us your ideas, voice your concerns and importantly, come ride with us!

The complete list of the 2018 Board of Directors is shown on page 2.

In this issue:

p. 2 - President's Message
p. 3 - Meet your new directors
p. 7 - Holiday Party Review
p. 8 - Lure of the Grapes
p. 9 - CIbike Calendar

Photo Credits for this issue

Without the help of our talented photographers, there would be no photos for us to enjoy! Thanks to Ron Parker, Mike Stewart, Margaret Mathews, Kate Faulkner, Leslie Ogden, anonymous contributors.



Cibike is a nonprofit recreational organization that provides enjoyable and recreational bicycle riding and related activities in and around Ventura County.

2018 Club Officers/Volunteers

- President..... Kate Faulkner
- Secretary.....Leslie Ogden
- Treasurer Soheil Roshan-Zamir
- Programs Bob Burrow
- Public RelationsBarry Cole
- Rides.....Sonia Sandomer
- Grants Bill Faulkner
- Membership Daniel Mathews
- Government Liaisons..... Leslie Ogden, Kate Faulkner
- Director at Large and Editor Margaret Mathews
- Webmaster.....Sean Michnowski
- Web Content..... Mike Stewart
- Websitewww.cibike.org

Chain Chatter Newsletter

Our newsletter, Chain Chatter, is distributed by email to members, unless requested otherwise. It is also posted on cibike.org under “members.” Your letters, stories of cycling experiences (good and bad), news items, ride ideas, tech info, etc., are welcome! Please email information to: Margaret Mathews, Director at Large@gmail.com.

Renewal Notices

Please watch for your renewal notice; notices are emailed to members annually. Questions about membership may be directed to Dan Mathews.

Monthly Meetings

General meetings are held on the third Thursday of each month (except August and December), at the Courtyard by Marriott, 600 E. Esplanade Drive, Oxnard. The general meeting starts at 7:00. Members and guests may purchase their meal at the on-site restaurant, the Bistro at 6:30 p.m.

Cool Breeze Century

Our Cool Breeze Century ride is held the third weekend in August each year; the 2018 event will be on August 18.

CIBike Mission

The Channel Islands Bicycle Club (Cibike) is an inclusive, non-profit organization that promotes bicycling for recreation, health, sport and transportation. Cibike is committed to increasing awareness, skills, and safety for cyclists through worthy programs, grants, and partnering with agencies that share our vision of fun and safe cycling.



President’s Message
By Kate Faulkner, 2018 President

My Life as Government Liaison, 2017 Treasurer, and incoming President for CIBike

I am very much looking forward to 2018 and continuing the fun, growth, and influence of the Channel Islands Bicycle Club. Our club was founded to "promote bicycling as a means of recreation, health, sport and transportation." We do this in many ways; through our regular bike rides, monthly club meetings, participation in community meetings, support of community cycling events, and providing funds to organizations and agencies to support cycling.

The club has two sources of income; membership dues and the Cool Breeze Century. As a non-profit 501 (c)4 organization, there are regulations that CIBike must follow. The issue of accounting and expenditures became somewhat contentious in 2017. The Board and I spent a considerable amount of time researching IRS requirements and talking with the Club’s CPA. As most of us thought, CIBike has been in compliance with IRS requirements. The net earnings, regardless of source, of the Club must be devoted primarily to promoting bicycling. Membership and Cool Breeze income provide the gross income of CIBike. After administrative expenses, the remaining funds are CIBike’s “net earnings” and these are the monies that must “predominantly” be spent to promote bicycling. Our Club has always predominantly spent net earnings to support bicycle advocacy, infrastructure for cyclists, education, and bicycle safety equipment. All members of CIBike can be proud of our contributions to improving conditions for road cyclists locally and nationwide.

The 2017 Board also focused on revision of the Club’s By-Laws which were over ten years old. Several events during the year made it apparent that the By-Laws needed to be clearer regarding announcements of openings on the Board and the scheduling of Board meetings. The new, more democratic By-Laws will be in effect as of January 1.

Life as a CIBike Government Liaison (shared with Leslie Ogden) has become much busier due to the expanding focus of local and state agencies on improvement of bicycle infrastructure. As all of you, who have been responding to the calls to attend city council and county supervisor meetings, know there has been a lot of focus on increasing funding and improving policies to support bicyclists. We really appreciate the willingness of Club members to turn out in CIBike kits and show that local people care about cycling.

Continued on page 3

President's Message Continued from Page 2

However, we cyclists are a minority on the roads. I hope that in 2018 we can continue to attract more people to the benefits of cycling. Our weekly Club rides and monthly meetings are wonderful introductions to the joys of cycling with a group and the many routes and options we have for biking in our area.

I look forward to continuing CIBike's embrace of new members and expanding our involvement with local decisionmakers in 2018.



Kate, bottom row left, and club members flash the success sign as attendees at one of the many city council meetings.

Leslie Ogden - 2018 Secretary and Government Liaison 2017 Secretary and Government Liaison



Being a Government Liaison has been especially satisfying this year. We've seen a number of improvements for cyclists in large part because our Club members have stepped up.

-)] Our members came out to the Ventura City Council in support of the League of American Bicyclists' awarding Ventura Bike Friendly City status, bronze level. Our council members were clearly surprised and impressed that this mattered to so many people.
-)] Similarly, a BIG body of CIBikers came to the Ventura County Board of Supervisors and were likely the deciding factor in the Board's decision to fund all its priority bike projects.

-)] Our Club members came out to show support for Supervisor Bennett's efforts to make all cities in this county bike friendly. This effort is ongoing but very promising.
-)] CIBike and Midtown Ventura Council members came to Ventura's City Council twice in support of Five Points improvements in Ventura. After initial reluctance, the council unanimously supported these plans. The project goes for bid very soon.

A number of individuals jumped in to help Kate and me with long term projects as well.

-)] Bill Faulkner and Patrick VanHorn joined us on the Ventura Bike Advisory Board set up by the City of Ventura's Bike Coordinator and CIBike member, Derek Towers, for ongoing communication with cyclists. Upcoming paving and striping (read bike lane) projects: Telegraph, Telephone, Portola and Petit.
-)] Diane Stein applied her boundless energy to Cycle Cal Coast set up by the Santa Barbara and Ventura Supervisors Carbojal and Bennett to make this area an internationally recognized cycling destination.

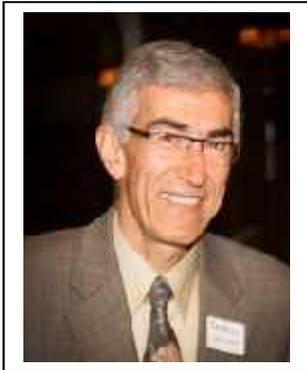
To cap off a perfect year (and proof that Cycle Cal Coast has got it right) the Tour of California is coming to Ventura to start its second leg! Kate and I are the volunteer coordinators for this amazing event. We hope you'll be part of the team of 150-200 volunteers needed to run it! Mark your calendars for May 14!



2018 Cibike Leadership - continued

Soheil Roshan-Zamir - 2018 Treasurer

2017 Membership Director

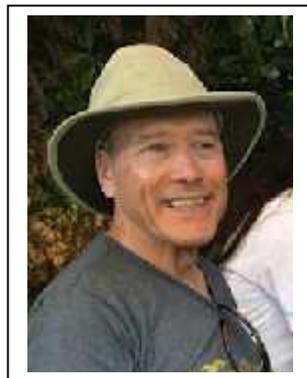


As of December 1st, Club membership stands at 273 total. This includes 130 individuals and 129 households. In addition, there are 14 individuals with lifetime membership. Some, having attained 80 years of age and beyond. Others, per special decision by the Board that was in charge several years back, for their invaluable services in establishment of the Club.

Although 43 new members have joined the Club since January 1st, regrettably a number of existing members are not active in membership renewal in spite of repeated inquiry by membership manager and having been given many opportunities to provide feedback.

On another front, it was decided by unanimous Board decision to relocate Club's mailing address from Oxnard to Ventura. This makes much sense as the Club's core membership and activities are concentrated in the city of Ventura.

Barry Cole - 2018 Public Relations Director



My wife Evelyn and I moved to Ventura three years ago from central Massachusetts. We have two children and four grandchildren. I have been a road cyclist for over 20 years and have found the Ventura bike community to be fantastic and the area great for cycling.

I spent 30 years in marketing communications for a manufacturing company and have been involved with Public Relations in that capacity. When I retired in 2007, I began working part time in my local Massachusetts YMCA leading spinning classes, group exercise classes and personal training.

For 2018, my goal as Public Relations Director is to create awareness of the benefits of becoming a member of the Cibike. I also hope to make the public aware of the grants we give to the community and help promote the Cool Breeze Century.

Bob Burrow – 2018 Programs Director

2017 Programs Director



During the past year, the programs for the Channel Islands Bike Club provided a wide variety of interesting topics. Presentation topics included an epic cross country ride, regional ride opportunities, bike tourism, local club/organization programs, outreach from local bike planners and other topics. The presentations helped to share information with Club members as well as promote bike safety, training and social outreach.

It is hoped that the programs for 2018 will continue with a successful blend of interesting and informative topics. In order to help that goal for the New Year be achieved, we hope that more members and guests would attend the programs and that topics be suggested so that we can make sure that they address the interest of the members. In addition to the monthly programs, the Club also sponsors the Annual Picnic in July and the Holiday Event in December. These activities are intended to support the members of Cibike with opportunities to learn about cycling in our communities and to get together to dialogue with other Club members and guests.

How does this affect you? There are two ways to take advantage of the programs. First, if you aren't currently attending the programs, come by and give them a test ride. You will find them interesting and an opportunity to meet others in a setting other than at a rest stop during a Club ride. Secondly, if you have a suggestion for a topic or other way to enhance the programs, let us know. Any suggestions or comments can be sent to programs.cibike@gmail.com. Thanks, and we hope to see you at the programs in 2018!

2018 Cibike Leadership - continued

Sonia Sandomer – 2018 Rides Director



I have been riding bicycles around this area for well over 30 years. I am happy to accept the position of Ride Coordinator for Cibike. I look forward to a year of great cycling with friends. I want to keep the rides pretty much as they are, only enhancing them to make riding more appealing for everyone. I will be adding rides on the calendar at least once a month on a Wednesday and add some Sunday rides as well.

I welcome any suggestions from Club members and have already received some great ideas. So keep an eye on the ride calendar for upcoming rides and events. I know the fires have affected some of the areas, in fact most of them, we like to ride but it will improve with time. Let's keep fingers crossed that we don't have early heavy rains.

Here's to great riding in 2018!

Cibike Ride Calendar

Join us on one (or all) of our many fun rides as listed on the Ride Calendar on the club website – www.cibike.org.

Rides start at several different locations including Ventura, Moorpark and Ojai,



Dan Mathews – 2018 Membership Director

2017 Past President



During 2017, as Past President I assisted in the transition of functions of each Board position to the new Board members of Cibike. Specifically, I worked to provide the experience and lessons learned as President to the new Officers and Directors. This was accomplished by attending all Board meetings possible, meeting with newly elected members outside of the Club and working to explain lessons learned during the two years that I was President.

One of the most rewarding accomplishments was continuing my role as coordinator of the Lure of the Grapes. Work begins nearly a year in advance planning the venue, ride routes, meals, and communications. This year we featured the Friday BBQ and the Saturday Pizza Party with Wine Tasting. Judging by the attendance and positive feedback, the Lure was a success. I thank Mike Stewart and Margaret for their valuable contributions to the annual Solvang weekender. As Lure event director, I am already planning the October 2018 event and encourage members to send me suggestions and to mark your calendars to join us!

As I move on to Membership Director, I wish to thank Soheil for his excellent work on organizing the membership this last year. We are grateful that Soheil has paved the way for the rest of us with his dedication and innovation as he created an updated data base and email system. Our Club is now ready to continue moving forward, expand, and add more cycling adventures. Thanks goes to Mike Stewart for his contributions to the Club website for updating content and to Sean Michnowski for maintaining the website. Lastly, I would like to thank Soheil and Sean for organizing the electronic distribution of the Chain Chatter. This has saved the Club printing and postage fees.

My plan to increase membership has always been to bring our message of fun, safe and healthy bicycling adventures to those who have not yet discovered our wonderful club. Thanks to the dedication and artistic talents of long-time member Janeene Nagaoka who created our new brochure, the Club now has a professional and informative brochure that will be distributed to local bike shops, community centers, and other organizations.

With our new Club leadership, ideas and collaborations, we are looking toward a fun and exciting 2018!

Grants and Director at Large

Patrick McDonald served as the club's Grant Director for 2017. Patrick was also our 2015 and 2016 Treasurer.

Taking over Pat's grant duties is Bill Faulkner, formerly 2017 Rides Director.

Patrick I Mullin was our 2017 Director at Large.

2018 Cibike Leadership - continued

Margaret Mathews – 2018 Director at Large, Chain Chatter Editor

2017 Public Relations Director, Chain Chatter Editor



Most of my time as a Cibike director has been planning and editing the Chain Chatter, publicizing Club events on Facebook and the website, and publicizing the Cool Breeze with ad campaigns, direct mailings, and on-site flyer distributions at various bike events and bike shops. For the coming year, I will concentrate on making the newsletter even more interesting and resourceful by perhaps partnering with local bike and safety groups. I invite all of our members to submit their adventure stories and suggestions for

articles or columns. My goal is to reach out to all members of the club, active or not, living and biking anywhere in Ventura County, to make the newsletter inclusive, informative, and fun. You can help by sending me articles and news tidbits including info on biking adventures, bike safety, lessons learned, fun events and partnerships, community biking events and advocacy, new equipment and products of interest, bike transportation, anything of interest to our biking members.

One accomplishment of the past year has been working with Janeene Nagaoka on the new club brochure, shown here. While the brochure was a collaboration of photos, text, proofing, estimating, ideas, Janeene's creative genius and dedication made this brochure possible. From all of us – Thank you Janeene!



We need our intrepid volunteers to help keep our club running smoothly and are grateful for their often-overlooked service to the club. And for those of you who would like to become involved with our Club, watch for volunteer opportunities on our web, Facebook page, and President's weekly emails. There will be lots of fun opportunities in the coming months including volunteering for the second stage of the Amgen Tour taking place in the city of Ventura. Dates and times for these events will be announced as mentioned above. While all of our leaders are volunteers, we thank those who have volunteered to make a difference for our Club, some of whom are mentioned here.

Ron Parker - Photographer, Archivist

Sean Michnowski - Webmaster

Mike Stewart - Web and Facebook Content, Moorpark Riders

Theresa Satterfield – 2018 Historian

Pat and Sherry Mullin – Holiday Party

Greg Jones- PCHR Treasurer and Ride Coordinator and Treasurer

Kate Faulkner, Leslie Ogden – Govt Liaison

Fawzi Emad – Ojai Riders

Are you a smart rider?

By Derek Towers

City of Ventura Transportation

Here is a short bit of education that you may not know about. This is in part to introduce the City of Ventura Bicycle Street Smart classes. They are held monthly, costing \$20, but upon completion you receive a certificate and bike light, lock or helmet.

First knowledge tidbit. We have all heard of California's 3 Foot law. Vehicles are required to pass cyclist with 3' between them. What you may not know is that this does not apply when you are riding in a bike lane. Next tidbit. Did you know that it is legal to ride on the sidewalk in all of Ventura? The two exceptions are Downtown and the mall. In the classes I tell everyone, if you are ever going to ride on the sidewalk, you should travel at pedestrian speeds, because that is everyone's expectation. Last tidbit. There are certain signals in the City of Ventura that have sensors to detect bicycles. How do you know which ones? Keep an eye out for this symbol up near the limit line. If you see video on the top of the signal arms, those will detect you also. Stay safe out there.

Make sure your bike is in good working order, your handling skills are regularly practiced, and your knowledgeable about traffic laws and practices. Contact Derek Towers at 805.654.7849 for more information of street smart cycling classes.

Figure 9C-7. Bicycle Detector (aven



The Halls Were Decked, Tables Festively Set, New Leaders Introduced, Dancers Raised the Roof

By Margaret Mathews

The Annual Cibike Holiday Party offered a fun and pleasant ending to a busy and fruitful year for our Club. The festive party, open to all Club members, was held December 10 at the Saticoy Country Club. The 2018 leadership was introduced. Attendees were entertained by MC Mike Stewart and Dance Instructor Kate Faulkner. Sherry Mullin read the jokes, Linda Bott announced Cool Breeze news, Bob Burrow and Bill Faulkner provided the slide show, everyone else enjoyed the camaraderie. Many tanks to Patrick and Sherry Mullin who were the event directors.



Kate instructed the brave dancers, Sherry read the jokes, Ron took the photos, Mike introduced the new leaders, everyone dined, laughed, and had great fun.



17th Annual Lure of the Grapes
October 20-22, 2017

On October 20, the air was crisp and a rainbow painted the sky as cyclists gathered at the Flying Flags Resort in Buellton to kick off the Lure of the Grapes cycling and dining fun.



After morning coffee, friends gathered around the fire pit to review the day's agenda and to assemble for the iconic group picture. After the photo op, members on their bikes and trikes headed across the beautiful Santa Ynez countryside. The first ride was to Lompoc with a refreshing stop at the local coffee emporium. **On Friday evening, the group gathered for a delicious BBQ dinner at the Flying Flags Resort and to regale each other with their riding adventures.** On Saturday, the cyclists rode to Los Olivas with stops for sightseeing and refreshments followed by the evening's salad bar, pizzafest, and on-site wine-tasting. **On the third day, after a brief route review by Mike Stewart, the cycling friends pedaled the scenic road to the Michael Jackson Ranch and enjoyed delightful photo-ops and rest stops.** Event director Dan Mathews made this profound statement: "I received positive feedback from the Lure event. Thanks to Mike for planning the rides, to my lovely wife Margaret for her invaluable service of planning the salad bar, and to the members who came to enjoy the relaxing and adventurous weekend. Mark your calendar for the October 2018 Lure of the Grapes! We are already planning the 2018 event so send me your suggestions. Meanwhile, add the April Spring Fling to your calendar."



WE HAVE YELLOW PEDAL POWER!!!!

Wear your jersey on every first Saturday ride!

We have yellow pedal power!

Don your club jersey on the first Saturday of every month to exert your yellow pedal power!

Don't have a jersey? No worries!

Jerseys, matching socks, and a few club jackets are available for purchase.

We even have Cibike water bottles! Contact Dan Mathews to buy your Yellow Pedal Power.



Calendar of Events

January 18 – General Club Meeting

Meeting time is 7:00 pm at the Courtyard by Marriott, 600 Esplanade Drive, Oxnard.
You may purchase your meal from the hotel Bistro at 6:30 pm.

January 21 – **Sulphur Mountain Ride** - details in Ride Calendar

January 31 – **Pedaler's Fork Ride** – details in Ride Calendar

February 15 – **General Club Meeting** -- details in Ride Calendar

February 15 – **Send your ride adventures for the Spring Chain Chatter** that will feature members' fun and adventurous rides. Send to Margaretann2105@aol.com.

March 15 – **General Club Meeting**

March 21 – **LA Bike and Train Ride** – details in Ride Calendar

April 6-8 – **Spring Fling**

May – **Watch for a Cibike Call for Volunteers** to help with the Amgen Tour second stage that begins in the city of Ventura.

Check the ride calendar for weekly rides from Ventura, Moorpark, and Ojai,